

San Dieguito United Methodist Church

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Mark Feldmeir
Martha Wingfield

MINISTERS

THE MISSION OF
SAN DIEGUITO UNITED
METHODIST CHURCH IS TO
MINISTER to the hopes and
hurts of a troubled world,
NURTURE people in a
community of grace, and
INVITE all persons to
new life in Jesus Christ.

Worship Services
9:00 & 10:45 am

— ★ —

Sunday School

Pre-K thru High School at 9:00

Pre-K thru 3rd Grade at 10:45

UPCOMING ACTIVITIES

AUGUST 3rd

Tuesday | 7:00 pm

United Methodist Men

AUGUST 9th

Monday | 10:00 am | Lounge

SDUMC Knitters

— A N D —

Monday | 4:00 pm | Conf. Room

Book Group

AUGUST 12

Thursday | 10:30 am | Lounge

Pinochle

AUGUST 17th

Tuesday | 12 noon | Lounge

Caregiver Support Group

CONTINUED ON PAGE 2

La Paloma

Volume X

AUGUST 2010

Issue 8



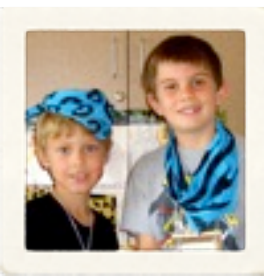
Baobab Blast | Vacation Bible School 2010

This year's Vacation Bible School Baobab Blast was just that—a blast!! About 150 children and volunteers gathered each morning for a week in June to set off on an adventure into the African Savannah.

Each of the five days, children joined together to sing songs and listen to Bible stories. Each daily theme centered around the idea of community. After gathering together, groups broke off and continued to explore the theme through science, crafts, story time and games. Also included in our theme of community was this year's mission project. Children who participated in Baobab Blast were also invited to share with our local Community Resource Center. On day four, after learning about the "Good Samaritan" and the theme word "Care", donations of diapers and baby supplies were collected. It took a truck from the Encinitas Community Resource Center to haul away all of those diapers and baby food.

Thank you to all who participated in this year's fun, and also for the many helping hands of our wonderful volunteers.

LORI FELDMER & DARLENE DAKESSIAN



IT'S TIME, ONCE AGAIN, TO
Roll Up Your Sleeves!

SDUMC will be hosting a blooddrive on
Sunday, **August 29th** from 7:30 am until
1:30 pm in the Calle Magdalena cul de sac.



UPCOMING ACTIVITIES

CONTINUED FROM PAGE 1

AUGUST 17th

Tuesday | 2:00 pm | Kitchen
Bread of Life Dinner Prep

AUGUST 20th

Friday | 7:00 pm | Lounge
Bridge Group

AUGUST 23rd

Monday | 10:00 am | Lounge
SDUMC Knitters

AUGUST 26th

Thursday | 10:30 am | Lounge
Pinochle

AUGUST 29th

Sunday | 7:30 am to 1:30 pm
Red Cross Blood Drive
Calle Magdalena cul de sac

— ONGOING —

STUDY GROUPS meet at various times throughout the month.

I N A D D I T I O N

SUNDAYS

Adult Sunday School
will NOT meet in August

WEDNESDAYS

9:30 am | Lounge

Bible Study

Mary Magdalene Circle

and at 7:00 pm

Bible Study

Jay & Wanda Williams' Home

THURSDAYS

7:00 pm

Centering Prayer

Mike & Ann King's Home

FRIDAYS

10 am to Noon

Fridays at the Beach

MOONLIGHT BEACH
(south of the lifeguard stand)

TUESDAYS/THURSDAYS

6:30 am | Room 6

WEDNESDAYS

8:00 pm | Basement Room

& SATURDAYS

8:00 am | Lounge

AA



MARK FELDMER
Senior Minister

Pensamientos

Dear Friends,

Central to United Methodist theology is the conviction that Scripture is our primary source for understanding the nature and purposes of God. While *tradition*, *reason*, and *experience* are also considered “authoritative” sources of God’s revelation for United Methodists, the Bible stands alone as the primary source and criterion for what we believe. In other words, Scripture contains everything necessary and sufficient for knowing the will of God and living a life of grace and peace in the world. As John Wesley maintained, the Bible is “the only rule, and the sufficient rule, of our faith and practice as Christians.”

And yet, as many of you can attest, this does not imply that United Methodists are Biblical literalists, or that we hold the Bible to be scientifically or even historically accurate. While some Christians might say, “The Bible says it, I believe it, that settles it,” United Methodist Christians maintain that God is still speaking, through the promptings and impulses of the Holy Spirit. It was this same Spirit who inspired the composition of the thirty-nine books of the Old Testament and the twenty-seven books of the New Testament, and who now inspires us as we read those same sacred texts in our own particular time and place. This suggests that we read Scripture within the believing community, informed by the tradition of that community. It means that we interpret individual biblical texts in light of their place in the Bible as a whole. It means that we are aided by both scholarly inquiry and personal insight, under the guidance of the Holy Spirit—taking into account what we have been able to learn about the original context and intention of that text; drawing upon the historical, literary, and textual studies of recent years, which have enriched our understanding of the Bible; and drawing, too, upon our growing understandings and discoveries in science, history, human nature, religion, and the like.

The Bible is our sacred canon as Christians, the reading of which demands of us our whole heart, mind, soul and strength. We read it with an openness, courage, humility and reverence that no other book requires of us, trusting that we may come to know the truth of the message in its bearing on our own lives and the life of the world.

How has the reading of the Bible challenged you in your faith journey? Are there Biblical stories or passages with which you have struggled over the years? How have you personally reconciled some of the more problematic or challenging Biblical texts with what you have come to experience and believe about God? I’d love to hear from you.

Yours in Christ,

Rev. Mark



LIGHT YOUR WORLD Day of Service

The time has come to prepare for our LIGHT YOUR WORLD day of service on **October 17th, 2010**. We will be starting our preparation with church-wide Bible studies and worship focus in September. Sign-ups for over 25 projects in our community will begin at that time as well. I am so excited to see our church participate in mission and service throughout our community.

There are many ways to find out more about our LIGHT YOUR WORLD program:

- Weekly e-news articles will spotlight key projects.
- Order of Worship announcements will keep you informed of upcoming events/opportunities to help.
- Check out the LIGHT YOUR WORLD page on the church website at www.encinitaschurch.com.

Ways to get involved at this point involve donating supplies for the projects, making contact with businesses and individuals in the community who can donate needed supplies and signing up for the small group bible studies. Watch for more information in the coming weeks.

Examples of current projects are: beach and campground maintenance and clean-up, New Entra Casa House repairs, sewing kennel comforters for the animal shelter, serving Bread of Life meals, performing home and yard maintenance for members of the church that need some extra help and much more.

So, put on your work gloves and let's get ready for our great day of LIGHT YOUR WORLD!

- ▶ CINDY BREIDER (Chair of Light Your World)—koolkat820@hotmail.com
- ▶ STEVE LISTER (Service project coordinator)—slrsm2@cox.net

THE SCHANTZ ORGAN & MUSIC CONCERT SERIES PRESENTS

Robert Plimpton

ORGAN RECITALIST

Sunday Evening | **October 24th**

Robert Plimpton, nationally known organist, will present a recital program on the Schantz pipe organ at San Dieguito United Methodist Church on Sunday, October 24th at 7:00 pm. His program will be announced soon.

A native of Pennsylvania, Plimpton's career was established in the Philadelphia area, where he held major church music positions in Moorestown, New Jersey and Bryn Mawr, Pennsylvania. He performed and recorded with the Philadelphia Orchestra, the Concerto Soloists of Philadelphia, and was accompanist for Philadelphia's famed Singing City Choirs and the Oratorio Choir of Philadelphia.

He was instrumental in founding the Spreckels Organ Society in Balboa Park, which promotes world-class organists every summer in a weekly organ series. He was named San Diego Civic Organist in 1984, a position he held for sixteen and a half years. In 2004, he accepted the position of Organist of the First United Methodist Church of San Diego.

The recital will be open to the public, and a free-will offering will be taken.



New Entra Casa

A Safe Harbor from a Restless Sea

In 1972, a group of United Methodist Women in San Diego County saw the need of women ex-offenders for a safe place to come while trying to turn their lives around. UMW responded to that need by opening New Entra Casa. There are currently two houses in San Diego where women can receive individual counseling, help with completing educational goals, job application skills, reunification with their children and families all wrapped in an atmosphere of God's love. Here is an excerpt from TAYLOR, a young woman who benefited from New Entra Casa.

I am twenty-one years old, and I am really grateful for New Entra Casa because it saved my life. I have traded my life of drugs and crime for one where I am doing what is in God's plan for me. I actually have a job that I have had for more than a few months. God has worked miracles in my life through New Entra Casa. This is truly God's house!!!

To learn more about this wonderful ministry and how you can help, please call Executive Director, REV. HAZEL DAWSON at 619.294.4526, or talk to our own BETTY PUTNAM. She is on the Board of Directors and will happily invite you to go to their semi-annual teas where the women share their incredible and touching stories of redemption and grace. Betty will also invite you to go with her to deliver household goods such as paper goods, twin sheets, towels, canned goods and staples, hygiene products, and cleaning supplies. You may leave your donations in the church office.



SDUMC Book Group

For summer reading,
the book group selections are

The Wednesday Sisters: A Novel

by MEG WAITE CLAYTON

and *700 Sundays*

by BILLY CRYSTAL

Read either or both and
join us on **August 9th** at 4:00
in the conference room.
Everyone welcome.



Achieving Immortality Sunday, September 12th MEET YOU AT THE FORUM!

You're probably thinking, I don't want to be immortal. But isn't that the message of Christianity?

The doctrine of conditional immortality states the human soul is naturally mortal and that immortality is granted by God as a gift, the sacrificial gift of His Son, Jesus.

On September 12th, you will have the opportunity to discover a new immortality. You will have an opportunity to investigate the various ways that you can be remembered, ways that you can leave a legacy, ways that you can serve your church in perpetuity, i.e. a new kind of immortality.

Please mark your calendars and plan to attend the Forum on Sunday morning, September 12th at 10:30. Who knows, you may discover a new opportunity for immortality.

SPONSORED BY:
The Gifts & Endowment Committee



MARTHA WINGFIELD
Associate Minister

This month, I would like to not "preach to the choir" but preach about the choir and specifically our own Chancel Choir under the direction of William Hatcher and accompanied by Jan Stewart. One of the joys of Sunday worship is to see and hear this great choir sing. I say "see and hear" because it is such a pleasure to be led through the flow of the worship service by such a dedicated group of gifted volunteers.

As a pastor, I appreciate the choir for several reasons, one of which involves the time commitment that they give each week. Choir members rehearse on Thursday nights and are also among the first to arrive at church on Sunday mornings. That is a gift of time and talent that is a blessing to the congregation as a whole. A second thing I find with choir members is their gracious attitude about this special service. Consistently, the response I hear when thanking choir members for singing in—not one but two—services

is that it is their pleasure or it is fun or it is the expression of their ministry in this place. As a former choir member myself, I know the grace and wonder of joining my voice with others to sing a song of praise to God. It is an opportunity to experience the presence of the Spirit in the practice of our faith.

I express these words of thanks to a choir loft of people who will be returning from a well-deserved break during the month of July. They reassemble as the "Aloha Choir" for the month of August, rehearsing at 8:15 am Sunday morning. Regular rehearsals begin again on September 2nd and there is always room for new voices!

A wonderful prayer in the hymnal reads, "Grant that what we sing with our lips, we may believe in our hearts and what we believe in our hearts, we may practice in our lives, so that being doers of the Word and not hearers only, we may receive everlasting life..."

Amen to that!

In Christ,

Rev. Martha

2010 California-Pacific Annual Conference

More than 1,700 laity and clergy from across Southern California, Hawaii, Guam, and Saipan gathered at the University of Redlands in June for the 2010 Cal-Pac Annual Conference. This year's theme continued the Conference's vision "To Be the Cup Overflowing," with this year focusing on new and essential ministries. Lay members attending were ANDY and PHYLLIS CASTIGLIONE, STEPHANIE ROEDE, CHERYL ALLEN, RANDA KRAKOW, and youth member CHAD UMMEL.

Members adopted a 2011 apportionment budget of \$12,471,668 representing a 3.31 percent decrease from 2010.

More than 175 youth, including our own Chad Ummel, participated in the annual Youth Day with the theme, "Greater Things Have Yet to Come."

BISHOP MARY ANN SWENSON ordained seven elders in full connection, commissioned ten as probationary elders, ordained one deacon in full connection, commissioned four as probationary deacons, and celebrated the retirement of 18 active clergy.

Membership in our Conference stands at 81,194—down 2,173 from the previous year.

Please come to the Forum on August 1st at 10:30 in the lounge to learn more about the issues that were discussed and decided upon, the incredible worship experiences, the amazing diversity within our Conference, and the personal observations of the participants from our church. Excerpts from an outstanding presentation by REV. CRAIG BROWN will be shown on how to "Be the Church" outside of our four walls. A DVD of his entire talk will be given to the first 30 people in attendance.



IN AUGUST

August in Sunday school will be all about getting ready to the new school year. I always need more volunteers to be Sunday school teachers and I will be ordering the fall curriculum.

Also, when I am out replenishing our stock of pencils, markers and glue sticks, I will buy extra to have for the Community Resource Center Holiday Baskets. I will have boxes by my office for collecting donated school supplies and backpacks that we store until the December CRC Holiday basket time.

The *Rock-a-Bye* theme in the nursery for August is *Noah and the Ark*. The August unit of *Rock Solid* for the children will be, *Stories of God's People*. And the August unit of *Rock Solid* for the tweens will be, *Prayer in the Bible*.

See you in Sunday School!

SHANNON KARLICEK
Director—Children's Ministries
kids@encinitaschurch.com



ON
THE
WAY
TO THE
FORUM

The Forum meets on most non-holiday Sunday mornings at 10:30 in the Lounge to discuss a wide range of secular and religious topics, some controversial, in an atmosphere of Christian love and mutual respect. We often invite expert guest speakers from our own parish or from the surrounding community.

AUGUST 1st: "What happens in Redlands doesn't stay in Redlands." Come hear a detailed report from three of the five representatives SDUMC sent to the most recent Cal-Pac conference, an annual event in which critical issues are discussed and major decisions are made.

AUGUST 8th: "Assignment: Middle East." Come hear our own JIM MUMMA'S firsthand report on the conflict in Iraq and Afghanistan. Find out what is really going on over there directly from a source you can trust.

AUGUST 15th: "Big Pharma." Come hear our own BILL MASON'S insider account of the research, development, marketing, and business aspects of America's powerful pharmaceutical industry.

AUGUST 22nd: T.B.A. Watch your weekly email blast/bulletin.

AUGUST 29th: NO FORUM but please plan to attend the annual Leucadia Art Walk on Coast Highway 101. This is a free and enjoyable community event, at which you'll be able to see the work of some of your fellow parishoners.



Summer Safety Tips

*Summertime and the livin' is easy...
—but it's also dangerous.*

The kids are out of school, the routine is more relaxed, it's vacation time. But these lazy, hot days of summer also bring increased possibilities of accidents, drowning and heat-related incidents.

Here are a few ideas to keep the family safe and enjoy the summer even more.

▶ **AT THE SWIMMING POOL:** Even with adults close by, the commotion of a pool party can

lead to drowning. Designate an adult to *watch the water*; that's where the danger is. Remove excess toys that block the view of the water. A child can drown in the time it takes to get a drink or answer a phone. Don't take your eyes off the water.

▶ **AT THE BEACH:** Set your towel down near the lifeguard stand where you will have extra, well-trained eyes to help watch the kids in the water. Instruct young children to go to the nearest lifeguard stand if they get lost.

▶ **SUNBURN:** You can get a bad burn even on an overcast day. Use clothing, hats, sunscreens to protect against UVA and UVB rays, especially in babies younger than six months. Apply sunscreen at least 30 minutes before going outside and reapply every 2 hours or after swimming/sweating.

▶ **HYDRATION:** Children weighing less than 100 lbs. should drink 5 to 6 ounces of water/liquid every 15 minutes. Don't wait for a child to say he is thirsty; he will already be dehydrated.

▶ **CAR SAFETY:** When the temperature outside is 80-100 degrees, inside a car can easily be 170 degrees in no time, even with the windows lowered. **DO NOT** leave your sleeping small child in a car alone!

UMYF

YOUTH NEWS

■ **Sunday, August 1st**
UMYF

6:15 to 8:15 pm | Youth Room

■ **Tuesday, August 10th**
Knott's Soak City
9:00 am to 4:00 pm

■ **Thursday, August 12th**
District Day & Night
at the Beach

9 am to 10 pm | La Jolla Shores

■ **Sunday, August 15th**
UMYF

6:15 to 8:15 pm | Youth Room

■ **Tuesday, August 17th**
Breakfast

10 to 11:00 am | Youth Room

■ **Sunday, August 22nd**
UMYF

6:15 to 8:15 pm | Youth Room

■ **Sunday, August 29th**
Fall Kick-off

5:00 to 7:00 pm | Founders Hall



REBECCA HENSLEY
Youth Director

hour's walk from the church, up through the hills made slippery from the afternoon rains. The Deacon of the church shared with us that this man was in attendance three times a week, always prompt and ready to worship the Lord. We were amazed by the determination and faith that this man had. He knows the importance of worshipping in community and was willing to do what it takes to get there.

Everywhere we went we were accepted with open arms. A team of ladies from the main church in the community spent each day preparing home-cooked meals over the fire for our entire work crew, which numbered around 50, including our team, a youth group from Nashville, and the staff members. The love and kindness we were shown by the church members, community members, teachers at the school, and the children of the school is a feeling that I will not quickly forget.

I have so many experiences and stories from this trip that I couldn't possibly write about them all in this short article but I truly do believe that the two most important lessons I learned through this experience are realizing the sacrifices that Christians are making around the world daily to worship in community, and how important hospitality is to truly exemplify the love of Christ. Thank you to those who helped support me on this journey. I will be eternally grateful!



All Church Family Camp

CAMP CEDAR GLEN, JULIAN
September 17th thru 19th

Our All Church Family Camp has activities for everyone in the beautiful natural setting of Julian's Camp Cedar Glen!

There will be time to relax & pray, sing & worship, hike, swim, try out the ropes course and hang with your family & friends.

The cost is \$100 (adult), \$50 (child/youth 3 to 17) and free for little ones (2 & under).

Questions? Please contact:

DELLA STEWART
stewarts4@roadrunner.com

JOIN OUR AUGUST ALOHA Summer Choir

Have you been thinking about joining our adult Chancel Choir but aren't really sure if you can make the commitment? Or, would you be willing to make a short-term commitment to singing in our choir? During August we have an easy solution for you. Come sing in our AUGUST SUMMER CHOIR! Rehearsals are held only on Sunday mornings at 8:15 in the Choir Room, and then we provide music for the 9:00 and 10:45 am worship services in the sanctuary on Sundays starting August 8th. We call it the "ALOHA CHOIR" because we wear muumuus and flowered shirts instead of robes!



Even if you are going to be away on vacation during some of those weeks, you are welcome to come when you are in town. The music we will sing is the Choir's favorite anthems of the past year. It is a great time to fellowship with other singers, learn some familiar and new choral music, and help lead our congregation in praise to God.

If you have any questions please contact Music Director ► **BILL HATCHER** at 760.747.1471 or wdhatcher@sbcglobal.net.

san dieguito UNITED METHODIST WOMEN

THE HEARTBEAT NEWSLETTER
VOLUME VII | ISSUE 8 | AUGUST 2010

summer is a great time to read!

All women of the church are invited to visit the UMW Library in the Lounge on the shelves between the kitchen and the outside door. You may check out a book by filling out the card inside the book with your name and date and then putting the card into the file box. Here are a few interesting books available:

Shalom, Salaam, Peace by ALLISON STOKES

We discover no simple answers in its text, but as we travel the forest of questions, we seek to embody the greatest commandment—to love God with all your heart, soul, and mind and to love your neighbor as yourself. It is significant that Jesus placed the Samaritan—a person from a different religion—at the heart of this commandment.

Three Cups of Tea by GREG MORTENSON

One man's mission to promote peace...one school at a time.

A Song to Sing, A Life to Live

by DON and EMILY SALIERS

A father, professor of theology and worship, and his daughter, a member of the Indigo Girls (a folk-rock duo known for their vibrant music and social activism), share reflections on music as spiritual practice.



(From August 1st) until you can drop off your gently used clothing and household goods.

Sunday, October 3rd:

Set-up Founders Hall and drop-offs begin

October 4th thru 7th:

Monday through Thursday are our WORK DAYS

October 8th & 9th:

Friday and Saturday are the SALE DATES



Stay Connected this Summer

Do you love the beach? The ocean? The outdoors? Then come out on Fridays, from 10:00 am to noon, to Moonlight Beach south of the lifeguard stand. Bring a chair and snacks to share. You will surely find a familiar smiling face. **Fridays at the Beach** starts June 25th through the end of August. Men, women and children welcome!

umw calendar: SUMMER RECESS CONTINUES IN AUGUST

NO Board, General or Circle meeting except Mary Magdalene which meets weekly on Wednesday mornings.

upcoming events:

September 1st: Executive Board

September 8th: Monthly Gathering

September 12th: *Guatemala Project*

JEWELRY & EMBROIDERY SALE

September 25th: District Annual Meeting

October 8th/9th: UMW Rummage Sale

October 22nd/23rd: Conference Annual Meeting



*Membership is open to all women of the church who desire to belong.
For information contact Ann Clarke, UMW President, at 760.753.4853.*

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Mark Feldmeir & Martha Wingfield | MINISTERS
 CHANGE SERVICE REQUESTED

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**AUGUST 15th
 Peanut Butter
 Sunday**

Don't forget to add SOUP (any/all kinds) to your grocery shopping list this month so you can bring it to church on Sunday, August 15th. (Every month is also PEANUT BUTTER month.) There will be a collection box in the entrance to Founders Hall. Thanks so much for your assistance!
 CHURCH & SOCIETY

I would like to thank everyone for their generous support, both financially and in prayer, of my participation in the AFSP fundraising walk in Boston last month. It was a huge success! So far, our walk has raised more than 2.2 million for research, education, and treatment in the areas of chronic depression and suicide prevention. Thank you all!

Chris Hornback



In Memoriam

Naomi Fields
 passed away on Tuesday,
 July 13th. Naomi had been
 a member of SDUMC since
 June 28th, 1981.