

San Dieguito United Methodist Church

170 Calle Magdalena
Encinitas, California 92024

phone | 760.753.6582

24-Hour Emergency Pastoral Care

800.785.4391

fax | 760.753.8936

email | admin@sdumc.org

website | www.sdumc.org

Mark Feldmeir
Martha Wingfield

MINISTERS

THE MISSION OF
SAN DIEGUITO UNITED
METHODIST CHURCH IS TO

MINISTER to the hopes and
hurts of a troubled world,

NURTURE people in a
community of grace, and

INVITE all persons to
new life in Jesus Christ.

Worship Services 9:00 & 10:45 am

Contemporary Service
"Revive"

1st Sunday of the month at 5 pm

— ★ —

Sunday School

Pre-K thru High School at 9:00

Pre-K thru 6th Grade at 10:45

Upcoming Activities

AUGUST 2nd

Sunday | 5:00 pm | Sanctuary
"Revive" Worship Service

AUGUST 9th

Sunday | 8:00 am to 1:30 pm
(Calle Magdalena Cul-de-sac)
Red Cross Blood Drive

AUGUST 10th

Monday | 10:00 am | Room 6

SDUMC Knitters

— A L S O —

Monday | 4:00 pm | Conference Room

Book Group

CONTINUED ON PAGE 2

La Paloma

Volume IX A U G U S T 2 0 0 9 Issue 8

Learn, Love, Serve

Our Senior High group just returned from an amazing week of stepping outside our comfort zones, building relationships and living in a loving Christian community. We joined St. Ambrose Episcopal Church and seven amazing staff members for a week of work on the Walker River Paiute Reservation in Schurz, Nevada.

All of the youth were split into different work teams led by the counselors from each church. Each group was assigned a different work site and project for the week. The work teams all had such unique personalities and wonderful qualities that made each special. At night each work team would give creative recaps of their adventures. These short skits truly gave insight to the character of each team.

We learned about the Paiute Culture from some of our home owners and the special cultural night that we had on Tuesday. An Elder of the tribe, Patty, came to speak to us about the history, current issues and the future of the Paiute Walker River Reservation. She shared stories from her childhood and taught the entire group the following cultural dances: Friendship Dance, Snake Dance, Basket Dance, and Partner Dance. My work team was blessed to have an amazing connection with our homeowners, Wilbur and Janet. Wilbur has been roping in the many different rodeos for years and shared his experiences with our team. He spent a part of almost each day with us, sharing stories of his past, his children and the tribe. On the property were twelve beautiful horses and baby steer. He allowed us to feed and pet his animals and enjoy their personalities and love.

When I asked the youth what was the absolute best moment of SSP they had a hard time answering because there were so many, but after thinking about it here are a few of the responses:

I loved getting to know the members of our youth group in such a different setting.

I am so glad we got to know the St. Ambrose church, they were so amazing.

The staff this year was so great, I miss them already.

The programs were very spiritual, the one where God whispers answers to you was cool.

It changed my life.

I will definitely be back next year.



Upcoming Activities

CONTINUED FROM PAGE 1

AUGUST 13th

Thursday | 10:30 am | Lounge
Pinochle

AUGUST 21st

Friday | 7:00 pm | Lounge
Bridge Group

AUGUST 24th

Monday | 10:00 am | Room 6
SDUMC Knitters

AUGUST 27th

Thursday | 10:30 am | Lounge
Pinochle

AUGUST 28th

Saturday | 6:30 pm
SSP "Stockholders' Dinner"

—ONGOING—

SMALL GROUPS meet at various times throughout the month.

SUNDAYS

10:45 am | Room 9/10

Adult Sunday School

MONDAY thru FRIDAY

9:45 am | Room 9/10 (usually)

SDUMC Tai Chi

WEDNESDAYS

9:30 am | Lounge

Mary Magdalene Circle

Bible Study

—A L S O—

7:00 pm

Jay & Wanda Williams' Home

Bible Study

TUESDAYS/THURSDAYS

6:30 am | Room 6

& SATURDAYS

8:00 am | Lounge

AA



Pensamientos...

Over the years, I have made it a habit to drop my daily pocket change into a large jar at the house. I separate the pennies and leave them for Matthew (my six year-old), who counts and stacks them before piling them in some hidden part of his room for good; as for the nickels and dimes and quarters, they are left in an old milk bottle on a shelf in my closet—set aside for those days when the ice cream man visits the neighborhood,

or for those nights when the tooth fairy needs to make an unexpected withdrawal.

Somewhere along the way, the four other members of my family have come to view that bottle of change as community property, which wouldn't be problematic were it not for the fact that, as far as I can tell, they never make deposits. What's worse, whenever they make withdrawals they invariably take all the quarters—unable or unwilling, apparently, to count the smaller denominations of dimes and nickels. Do you have any idea how inconvenient, even embarrassing, it is to have to buy Dipping Dots from the ice cream man with 65 nickels? The six year-olds in the neighborhood have learned to race me to the curbside, with dollar bills in hand, just to avoid getting stuck in line behind me as I meticulously count and stack my nickels and dimes for my mildly impatient ice cream man.

One of the challenges of leading a congregation is ensuring that the mission of the church is not "nickel and dimed" while the buildings and administrative costs get all the quarters. As you may know, our annual general budget at SDUMC is about \$1 million, of which approximately \$700,000 pays for administrative and operational costs, building expenses (including loan payments), and personnel. About half of the remaining \$300,000 is committed to programming and ministry expenses, such as children's and youth ministries, music, education, etc., while the other half goes directly into ministries and initiatives that are specifically "missional" in nature (including part of our annual apportionment).

It happens, on occasion, that someone will ask me how much money is sent out into mission each year by our church. In 2008, SDUMC contributed more than \$148,000 to needs beyond our local church. More than \$22,000 went to support the Katrina Relief Team that travelled to Mississippi; more than \$11,000 went to support struggling and/or ethnic minority churches in our denomination (as part of our annual apportionment); \$15,000 supported our youth group's trip to the Sierra Service Project; \$11,000 went to support our missions in Tijuana (La Roca and Santo Niño); \$50,000 went to conference benevolences; \$5,000 supported a Christian college in Pakistan. If you would like to see the full listing of missional expenses for 2008, stop by the church office.

It is good to be in ministry with you as I begin my fourth year as your Senior Minister. You are a generous people who truly understand what it means to make disciples for the transformation of the world.

Yours in Christ,

Rev. Mark



RED CROSS BLOOD DRIVE | Sunday, August 9th

in the Calle Magdalena cul-de-sac from 8:00 am to 1:30 pm

To schedule your appointment, please call the church office at 760.753.6582, or sign up online at www.givelife.org, code: SDUMC. All participants will receive a \$5 Gift Certificate to Daphne's Greek Café and may enter into a regional drawing to win a \$500 gas card.

A Day in the **Life of the Church**

Your generosity provides for the DAILY ministries of our church as follows:

<input type="checkbox"/> Administrative & Pastoral Salaries	\$1,500
<input type="checkbox"/> Bond Repayment (mortgage)	\$ 500
<input type="checkbox"/> Maintenance & Administration	\$ 400
<input type="checkbox"/> Conference Apportionments	\$ 325
<input type="checkbox"/> Children's Sunday School	\$ 30
<input type="checkbox"/> Youth Ministry	\$ 30
<input type="checkbox"/> Missions	\$ 25
<input type="checkbox"/> Outreach, Welcoming & Marketing	\$ 20
<input type="checkbox"/> Choirs	\$ 10
<input type="checkbox"/> Church & Society	\$ 5
<input type="checkbox"/> Caring Ministries	\$ 1
<input type="checkbox"/> Worship	\$ 15 (per week)
<input type="checkbox"/> Coffee Hour	\$ 25 (per week)
<input type="checkbox"/> Revive	\$ 700 (per month)

These uncertain economic times create challenges for just about every local church. San Dieguito UMC is no exception. The generosity we anticipated at the beginning of the year (from our "estimates of giving") is now about 30 days behind. We want to ensure that our ministries continue to thrive, with your help. So, we're going to have some fun and rise to the challenge!

Very soon you will have the opportunity to choose how much fun you are going to have. 30 of us will choose to support one day of Administrative & Pastoral Salaries, 30 of us will choose to support one day of Bond Repayments, 30 of us will choose to support one day of Maintenance & Administration Expenses, etc. until 340 of us have chosen, at some level, to support one day in the life of San Dieguito UMC. Whether you're a child, a parent, a grandparent, gainfully employed or retired, we're confident that all of us can participate in this creative effort to support our daily ministries.

Look for the fun to begin in the coming weeks!



Join our August **"ALOHA" Summer Choir!**

Have you been thinking about joining our adult Chancel Choir but aren't really sure if you can make the commitment? Or, would you be willing to make a short-term commitment to singing in our choir? During August we have an easy solution for you. Join and sing in our *August Summer Choir!* Rehearsals are held only on Sunday mornings at 8:15 in the Choir Room, and then we provide music for the 9:00 & 10:45 worship services in the sanctuary on Sundays in August. We call it the "ALOHA CHOIR" because we wear muumuus and flowered shirts instead of robes!

Even if you are going to be away on vacation during some of those weeks, you are welcome to come when you are in town. It is a great time to fellowship with other singers, learn some familiar and new choral music, and help lead our congregation in praise to God.

Contact Music Director BILL HATCHER if you have any questions: 760.747.1471 or wdhatcher@sbcglobal.net.

MISSIONS COMMISSION

Words from **The Persons**

The Democratic Republic of the Congo

Members of the congregation, through the Missions Commission, have been supporting David and Lori Persons (UMC missionaries in the Democratic Republic of the Congo) for more than a decade. We have never lost contact with them.

Recent good news from them is that the railroad strike has ended, allowing delivery of a replacement transformer for their power station. Delivery is expected in this summer.

The Minister of Higher Education visited Mulungwishi University and everything that he was looking for in a University he found. He said, "The hope for Congo and its educational system is found in the private Christian Universities." He also wanted them to start a college of agriculture. He commented that the library was probably the second or third best in the country.

On June 22nd news was received of the death of a Seminary student. Mr. Longesa had been suffering from the pains of liver cancer, and had surgery to remove a third of his liver and a large tumor. Weeks later he passed away. He is survived by his wife and eight children. Please pray for this family.

UMYF

YOUTH NEWS

- **Sunday, August 2nd**
U M Y F
6:15 to 8:15 pm | Youth Room
- **Thursday, August 6th**
District Day at the Beach
9am to 4 pm | La Jolla Shores
- **Sunday, August 9th**
U M Y F
6:15 to 8:15 pm | Youth Room
- **Thursday, August 13th**
District Day & Night
at the Beach
9am to 10 pm | La Jolla Shores
- **Sunday, August 16th**
U M Y F
6:15 to 8:15 pm | Youth Room
- **Tuesday, August 18th**
Padres Game
- **Wednesday, August 19th**
Breakfast
10:00 am | Youth Room
- **Thursday, August 20th**
Activity T.B.A.
- **Sunday, August 23rd**
U M Y F
6:15 to 8:15 pm | Youth Room
- **Wednesday, August 26th**
Breakfast
10:00 am | Youth Room
- **Sunday, August 29th**
SSP Stockholder's Dinner
6:30 to 8:30 pm | FH
- **Sunday, August 30th**
Fall Kick-Off
5:00 to 7:00 pm | FH



UMW Awards of Christian Service

The sermon on Sunday, June 14th, "Still and Still Moving" had such an impression on me as I sat there quietly making connections. As Christians, we want never to lose our enthusiasm doing the work our Lord has left for us to do but as years go by we sometimes falter and even question whether our input or energy is actually of much importance. We slow down!

I have just the inspiration to cheer us on. Sunday, I presented awards of "Christian Service" to three deserving high school graduates. The United Methodist Women have been making these presentations for many years but few really understand what it's all about. We created a form with a list of possible ways young people might have contributed to the life and support of their church during their teen years. At the bottom is a list of obvious items: Sunday school, Church, Sierra Service Project, Bell choir, Choral music, UMYF, Bible school assistant, acolyte, etc., and there are extra blanks for "OTHER". This year, the "OTHER" area was so filled with extra activities, they spilled onto the other side of the sheet! Hayley, Elizabeth and Daniel had found jobs to perform with joy and generosity that no one else had even thought of. Our hats are off to all our busy young adults and we thank them for teaching the rest of us that God always has saved a little task "JUST FOR ME". Remember, atomically speaking, even the atoms in a solid are moving, albeit, slowly.

LINDA PHILLIPS

2009 Annual Conference Highlights

Over 1700 laity and clergy from Southern California, Hawaii, Guam and Saipan gathered at the University of Redlands in June to attend the 25th Cal-Pac Annual Conference. Here are just a few of the highlights as seen by the SDUMC delegation.

The first course of business was the state of church finances. We were asked to vote on difficult budget matters. The most emotional parts of the conference involved the closing of several churches with poor/declining membership and a camping, outdoor and retreat ministry reduction of 46.28% in the budget. Rev. James Dollins, while accepting the current need to cut expenses, gave a heart warming appeal in support of restoring this budget for our youth as soon as fiscally prudent. Members adopted a 2010 proposed apportionment budget representing a .06% net decrease from 2009.

Church membership for the Cal-Pac jurisdiction declined 2.9% from the previous year. Worship attendance declined 4.6% and church school attendance declined by 0.5% over the same period. Bishop Mary Ann Swenson ordained ten elders in full connection and commissioned nine as probationary elders. She also celebrated the retirement of 15 active clergy.

Rev. Randy Maddox from the Divinity School at Duke University gave a thought-provoking Bible study focusing on leadership as it relates to his specialty of Wesleyan theology.

Attending the conference as SDUMC delegates were:

BILL & BARBARA BERRIER,
BILL & MARILYN MASON,
RANDA KRAKOW, AMANDA ANDREEN,
ANDY & PHYLLIS CASTIGLIONE.

CHERYL ALLEN attended as a district representative. Feel free to ask any of these church members about their experience.





Martha Wingfield
ASSOCIATE
MINISTER

Author Philip Yancey, in an article entitled, “*Let the Spirit Loose*” writes about an interesting journal exercise he undertook. The question he asked himself was this: “What might God say to me if he dictated a spiritual “action plan” for the rest of my life?” Through prayer and journaling, these are some of the responses he heard:

Question your doubts as much as your faith.

Do not attempt this journey of faith alone. Find companions who see you as a pilgrim, even a straggler, and not a guide.

Allow the good—natural beauty, your health, encouraging words—to penetrate as deeply as the bad.

For your sake, simplify. Eliminate whatever distracts you from God.

Find something that allows you to feel God’s pleasure.

Forgive daily those who caused the wounds that keep you from wholeness.

People may wonder how God spoke these pearls of wisdom to Yancey. He says that he never heard a voice or saw a vision. Rather, he quieted himself and made room for silence in his life so that he was receptive to the voice of God. In his words, “God may be speaking all along, but until I opened my ears it made little difference in my life.”

Reading Yancey’s list, I wondered what might appear on my spiritual “action plan.” Given the chord that this article struck for me, I wouldn’t be surprised if some of these statements wouldn’t show up on my list. The quieting of our lives—our hearts, minds and our daily routines—is what clears the path for a deeper relationship with the One who loves to speak to us if only because God loves us. In God’s gracious patience, it is a conversation waiting to happen.

In Christ,

Martha Wingfield



We have moved our gathering day to the **2nd and 4th Monday** of each month from 10 am to noon in Room 6. Please join us for fun and fellowship as we knit items for charitable donation. All ages and abilities, friends and neighbors are welcome! For additional information please contact:

▶ JOY LAPPE
760.753.7339
jrlappe@msn.com

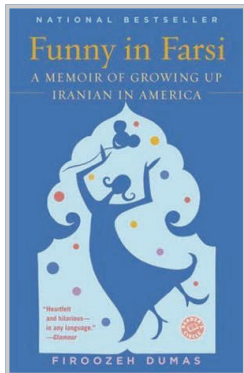
▶ BETH WARD
760.436.6589
bethward@cox.net

Bucket List & Beyond!

Have you considered making a “bucket list”? Things you want to accomplish or experience before you “kick the bucket”? This is what we are going to discuss at our FORUM on **September 13th**. We will be watching a segment from the movie, *The Bucket List*, and discuss plans for our future as individuals and as members of our church. It doesn’t matter if you are 20 years old or 80 years old. We have all planned goals for ourselves. You might want to share them with fellow Methodists.

Please come and join us for a fun hour!!

WILLY GINAVEN
*for the Gifts
& Endowments Committee*



Book Group
Monday, August 10th

Funny in Farsi
by FIROOZEH DUMAS

is our summer reading selection for August. We meet at 4:00 pm in the office conference room. Everyone is welcome!

Are We an Exclusive or Inclusive Church Family?

We like to think of ourselves as a church “family,” but sometimes that “family” seems more exclusive than inclusive to outsiders. What do we do when our son brings a serious girlfriend to a family reunion? We smile, shake hands, visit a few moments uncovering common interests, and offer food or drink. Then we introduce her to someone else, saying a little something to get conversation started, and the process begins again. We talk about our family, things we do together, and what great relatives we are. We might even invite her to an event or to dessert or dinner. We try to make her feel included.

And so it can be with our church family. Research by a church outreach organization shows that about 75% of people looking for a church home would attend if invited by a friend. Church life is more than the Sunday worship services. Invite friends to a speaker, or concert or mission activity. Boy Scouts or the Book Club are great places for people to feel a part of our “family.”

If you are uncomfortable inviting someone to worship, invite them to go with you to something of interest to you both...and keep inviting and introducing to other church members.

Congregational growth is squarely in the hands of the congregation. Let's challenge ourselves to each bring one new person or family to some church function in the coming year. Then we can move people from being guests to feeling included in our family.

LOYDENE KEITH

Family Fellowship Beach Night & Potluck | August 5th



On Wednesday, August 5th, starting at 5pm, join other church families at Moonlight Beach for a potluck and fellowship. Bring dinner & snacks to share. Children's Ministries will bring plates, napkins, plastic ware, cups and water. For more information contact SHANNON KARLICEK at kids@sdumc.org.



IN AUGUST

August means it is time to think about back to school. Most of us will start getting letters from our children's teachers about what supplies they will need to start off the school year and we can easily go to Target to fulfill the list. But there are many families in North County that find the letters daunting and wonder how they are going to get the supplies. Children's Ministry will be hosting a *School Supplies and Backpack Drive* during August and September to help the CRC collect supplies to the children and families of coastal North County. When shopping for your children's supplies, pick up an extra pack of pencils, glue sticks or binder paper. Use it as an opportunity to teach your children about the generosity of giving to others. Drop off boxes will be located in Founders Hall and Sunday school area.

Also, I will be having a Sunday school teachers' meeting/training at the end of August. It will be open to anybody who has ever considered teaching or being a substitute.

The August unit of *Rock Solid* for the children will focus on, *New Testament Miracles*. And the August unit of *Rock Solid* for the tweens is, *Old and New Testament Miracles*.

See you in Sunday School!

SHANNON KARLICEK
Director—Children's Ministries
kids@SDUMC.org



Peanut Butter Sunday

Please remember to add SOUP of all kinds to your grocery shopping list this month so you can bring it to church on Sunday, August 16th. There will be a collection box in the entrance to Founders Hall. Thanks so much for your assistance!



CHURCH & SOCIETY

san dieguito **UNITED METHODIST WOMEN**

THE HEARTBEAT NEWSLETTER
VOLUME VI | ISSUE 8 | AUGUST 2009

There will be no Executive Board meeting or Monthly Gathering during the month of August.

Mary Magdalene Circle
Wednesday Mornings | 9:30 in the Lounge

What is a Circle?

Circles are small group gatherings of United Methodist Women that enjoy camaraderie and mutual support through devotions and programs. Each Circle chooses their name from women of the Bible and the role they played which best represents their purpose. Circles adopt a variety of mission projects to work on during the year. UMW encourages all women of the church to join one of our small circles, especially if you are new to our church or have not yet found that small circle of friends that can be so important in your Christian walk. Won't you join us?



Only 76 days 'til the UMW Rummage Sale

This fantastic UMW mission fundraiser will take place **October 16th and 17th** at the church. Why not start cleaning your closets and garage NOW and putting aside those gently used items you no longer need or want that may be treasures to someone else.

We will take jewelry, books, toys, clothing, linens, furniture, house wares, crafts, plants, knickknacks and baked goods. Please NO mattresses, box springs, appliances, sofas, exercise machines, or computers. There is no storage at the church so please hold your items until the WORKING DAYS which begin **October 11th**.



Summer is a great time to read!

Remember the UMW reading program books are located in the Lounge next to the kitchenette. Categories include Education for Mission, Spiritual Growth, Social Action and Nurturing for Community. Challenge yourself to read at least one book from each category. For more information, contact RANDA KRAKOW.

umw calendar

August 15th: Immigration Forum

9:45 am to 3:00 pm | St Mark's UMC | Registration \$12
Contact: ANN CLARKE—760.753.4853 by August 7th

upcoming events

September 2nd: Executive Board

September 9th: Monthly Gathering

October 11th thru 15th: Rummage Sale Work Week

October 16th & 17th: Rummage Sale Days



► *Dorcas Sewing Circle*

CONTACT: LINDA PHILLIPS—760.753.4832
EMAIL: norman_phillips@msn.com
or ARLENE WORRALL—760.944.3008

MEETINGS: 3rd Wednesday at 9:30 am
in Room 9 (no meetings July/August)

MISSION: We have pledged to provide one complete baby layette per month to the SD county health nurse who contacts those in the most need. We also provide lap robes to the V.A. hospital and the Encinitas Rehabilitation hospital.

► *Martha Circle*

CONTACT: KAREN ZERLAUT—760.942.1639
EMAIL: zerlaut@aol.com
or CAROL FRIIS—760.510.9460

MEETINGS: 4th Wednesday at 9:30 am
member homes (no meetings July/August)

MISSION: We fill home-made bags with toiletry items for *Welcome Home*, which is a Christian organization that helps women transition from jail back into society. At each meeting, we enjoy a light brunch, prayer and a short program.

► *Mary Magdalene Circle*

CONTACT: SUE LISTER—760.230.6122
EMAIL: slrsm2@cox.net

MEETINGS: Wednesdays throughout
the year at 9:30 am in the Lounge

MISSION: To develop companions in Christ with whom we can share how God is present in our lives each day through Bible Study, social activities and lots of warm and wonderful conversation.

► *Miriam Circle*

CONTACT: JERI BADOUR—760.944.8175
EMAIL: jbadour@roadrunner.com

MEETINGS: 4th Monday at 7:00 pm
member homes (no meetings July/August)

MISSION: We are a warm, friendly and supportive group made up of working and retired professionals who are interested in education, fellowship and missions. Following refreshments, we enjoy fellowship, devotions and a program.

► *Naomi Circle*

CONTACT: ANN CLARKE—760.753.4853
EMAIL: jacknann50@hotmail.com
or GERTRUDE GRAVES—760.753.5417

MEETINGS: 4th Wednesday at 1:00 pm
Founders Hall (no meetings July/August)

MISSION: We make and fill 'Welcome Home' bags for women released from prison; collect and save craft items for the preschool; and mail shut-in seniors the "Sunrise-Sunset" newsletter. At each meeting, dessert is served followed by an informative program.

*Membership is open to all women of the church who desire to belong.
For information contact Mary Walman, UMW President, at 760.931.7980*

San Dieguito United Methodist Church
170 Calle Magdalena
Encinitas, California 92024

phone | 760.753.6582 fax | 760.753.8936
email | admin@sdumc.org

Mark Feldmeir & Martha Wingfield | MINISTERS

CHANGE SERVICE REQUESTED

Non-Profit Organization
U.S. Postage
PAID
Encinitas, CA 92024
Permit 52



We have five MUST SEE/HEAR Forums planned for August. Come join us at 9:00 am in Founders Hall.

▶ **AUGUST 2nd: Great Depression 2.0 Support Group**— KAREN MASON/JOHN ELDON will lead an organizational meeting for SDUMC's new mutual support group for victims of the current economic downturn. Whether you have watched your 401(K) turn into a 201(K), have lost a job, or have been otherwise impacted, we want to help.

▶ **AUGUST 9th: Social Justice**— The CHURCH & SOCIETY COMMITTEE will lead a Forum with the INTERFAITH COMMITTEE FOR WORKER JUSTICE, which represents various local people of faith. ICWJ stands up for the poor and marginalized by helping to provide support to distressed workers who face arduous organizing campaigns, contract negotiations, retaliation, and/or hostility from management.

▶ **AUGUST 16th: Meet your New Associate Pastor**

We are now fortunate to have added the REVEREND MARTHA WINGFIELD to our clergy. Come get to know Rev. Martha in an interactive question & answer session.

▶ **AUGUST 23rd: Radical Islam**

The Forum welcomes MICHAEL HAYUTIN. He and CAROLE SERLING will give us an update on the threat of radical Islam. How should we best work with the moderates to stabilize the Middle East?

▶ **AUGUST 30th: How I Spent Part of My Summer**

Learn all about this year's Sierra Service Project in an informative presentation by REBECCA HENSLEY.

