

San Dieguito United Methodist Church

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Mark Feldmeir

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MINISTERS

THE MISSION OF
SAN DIEGUITO UNITED
METHODIST CHURCH IS TO

MINISTER to the hopes and
hurts of a troubled world,

NURTURE people in a
community of grace, and

INVITE all persons to
new life in Jesus Christ.

Worship Services

9:00 & 10:45 am

Contemporary Service

“Revive”

1st Sunday of the month at 5 pm

— ★ —

Sunday School

Pre-K thru High School at 9:00

Pre-K thru 6th Grade at 10:45

Upcoming Activities

NOVEMBER 1st

ALL SAINTS SUNDAY

5:00 pm | Sanctuary

“Revive” Worship Service

NOVEMBER 6th & 8th

Friday & Sunday | 7 pm | Sanctuary

“Evening of Theatre”

NOVEMBER 8th

Sunday | 12 noon | Room 9/10

Lunch with the Pastors

NOVEMBER 9th

Monday | 10:00 am | Room 6

SDUMC Knitters

CONTINUED ON PAGE 2

La Paloma

Volume IX NOVEMBER 2009 Issue 11

One for All; All for One?

I was watching a special on America's National Parks and was struck by the initial responses of those who first saw Yosemite Valley. Grown men were moved to tears, felt they were in a holy place and openly thanked God for such magnificent gifts. I must say I had a very similar reaction. It is easy to humbly acknowledge God's generous blessing in such a grand setting. Unfortunately, during the course of everyday life we seem to forget that God provides for all of us daily, not just in special places. Indeed, God generously provides for all of us without reservation or question - he is always there for us. He only asks that we, in kind, share this bounty generously with others. Have we answered this call? Do we give generously to charity and church?

Too often it seems work, family and the drive to accumulate more “stuff” dampens our generosity to give of our time, talents and funds. We look to others to carry the load. Yet the true power of the congregation is for all to pull together to create an unstoppable force to expand God's kingdom. One of the simplest ways to participate and show your support is through your offerings to the church. During this year's Stewardship Campaign, we prayfully request that all re-examine their gifts from God and generously participate in declaring your Estimate of Giving for 2010. He is there for us. Will we be there for Him?

RODNEY LAPPE
Stewardship Chair

Adjourned All Church Conference + Lunch

November 15th | 12:30 pm in Founders Hall

All in the congregation are welcome to attend. For your convenience and for us to have fellowship, a light lunch will be served before we start the meeting.

This is where we, as a congregation, review and evaluate the total mission and ministry of the church, receive reports, and adopt objectives and goals recommended by the church council that are in keeping with the objectives of the United Methodist Church.

All Church Advent Event | November 29th at 3:00pm

This advent season everyone is invited to gather together on Sunday, November 29th at 3:00 pm to create your own advent wreath to take home to celebrate each day of advent together. Christmas is such a busy time of year and this tradition can be helpful to centering your family on the true meaning of the season. During this event we will sing, create our wreaths and have an unrehearsed Christmas Pageant. If you have been missing this tradition this will be your chance, everyone can participate. At 5:00 pm supper will be served. Please RSVP to kids@encinitaschurch.com.



Upcoming Activities

CONTINUED FROM PAGE 1

NOVEMBER 9th

Monday | 4:00 pm | Conf. Room
Book Group

NOVEMBER 11th

Wednesday | OFFICE CLOSED
Veterans Day

NOVEMBER 12th

Thursday | 10:30 am | Lounge
Pinocle

NOVEMBER 15th

Sunday | 12:30 pm | FH

**All Church Conference
& LUNCHEON**

— AND —

Our Custodian NERY CARDENAS'
20th Anniversary with SDUMC!

NOVEMBER 20th

Friday | 7:00 pm | Rooms 9/10
Bridge Group

NOVEMBER 23rd

Monday | 10:00 am | Room 6
SDUMC Knitters

NOVEMBER 26th & 27th

Thursday & Friday | OFFICE CLOSED
Happy Thanksgiving!

NOVEMBER 29th

Sunday | 3:00 pm | FH

**COCM Advent Wreath
FAMILY WORKSHOP**

—ONGOING—

SMALL GROUPS meet at various
times throughout the month.

IN ADDITION

SUNDAYS

10:45 am | Room 9/10

Adult Sunday School

MONDAY thru FRIDAY

9:45 am | Room 9/10 (usually)

SDUMC Tai Chi

TUESDAYS

9:30 am | Lounge

Mary Magdalene Circle

Bible Study

WEDNESDAYS

7:00 pm

Jay & Wanda Williams' Home

Bible Study

TUESDAYS/THURSDAYS

6:30 am | Room 6

& SATURDAYS

8:00 am | Lounge

AA

SDUMC LA PALOMA • NOVEMBER 2009



Pensamientos...

One of my favorite writers, Donald Miller, recently wrote a book about how he decided to “edit” his life into a great story—to reinvent himself so nobody would shrug their shoulders when, as he says, the credits roll. His real life story was being made into a movie (based on his best-selling memoir, *Blue Like Jazz*), but the filmmakers, upon spending some time with him at his home, discovered that Miller was, in reality, quite boring. His story wouldn’t sell. They would need to edit his life.

Miller entered a season of honest (and often hilarious) self-introspection. He no longer slept all day, or wasted his money on frivolous things, or allowed his romantic daydreams to stifle his encounters with real people. Instead, he rode his bike across America, hiked Machu Picchu with friends, founded a nonprofit organization for at-risk teenage boys, and re-united with his father, whom he had not seen in more than thirty years. Over time, Miller discovered that his priorities had changed; his relationship with others, and with God, had changed; his whole outlook on life and the world had changed. In essence, he had come to see that his life was intended to be a great story, and so he had edited his life—pursuing a second chance at the life he had always wanted the first time around.

Miller reminds us that every life is a story. Whether it’s a story worth telling and talking about, however, is largely up to us. Perhaps we set out with great dreams of changing the world, or falling in love, or doing something that is newsworthy, or remembered in history books, or honored by those in high places. But there is, for all of us, a natural and relentless pull toward the merely acceptable, the “good enough.” It is such a subtle force that we do not notice how it shapes a life, how it governs the story of our lives, how it prevents us from seeing whatever it is that we really want for our lives. That is why it’s important to think about our lives as *characters* in a potentially great story. Miller suggests that a character is what s/he *does* (the story), and that a great story is, in the end, a character who wants something and overcomes significant resistance or conflict to get it.

Once a year we remember some of the great stories (characters) that have reached their conclusion. On All Saint’s Sunday, we name the stories of those who have died, remembering that, as Miller suggests, a character is what s/he does, and how far he or she is willing to go to get whatever it is they cannot live without.

This All Saint’s Sunday (November 1st), take some time to celebrate those stories, and to reflect on where your own story is going, and how you want it to end.

Yours in Christ,

Rev. Mark

Nery Cardenas’ 20th SDUMC Anniversary

On November 22nd, Nery Cardenas, our Custodian, will be celebrating his 20th SDUMC Anniversary.

If you would like to contribute to his gift, please send your donation to the Church Office

by **November 20th**. We will be presenting his gift to him on Sunday, November 22nd.





Heifer International & SDUMC 2009 Annual Christmas Letter

The Missions Committee wishes everyone a Happy Thanksgiving. As we count our blessings, we look for ways to share our good fortune with others. Maybe your good fortune is a little short this year but around the world, including many areas in the USA, there is a greater than ever need for help. Through the SDUMC Missions Committee and our annual Christmas letter you can participate in *Heifer International's* campaign to eliminate world hunger. Heifer is a non profit ecumenical organization that gives productive animals and plants along with training to needy people throughout the world. Recipients of these gifts in turn give a like gift to another needy family and the gift goes on and on giving For many, many years SDUMC has given very generously to Heifer International. Our 2008 contribution totaled \$8,110. Beginning **Sunday, November 29th**, everyone is invited to sign our annual Church Christmas Letter, add your personal Christmas greeting and make a contribution to Heifer International.

Increased education, improved medical care and dignity are just a few of the gifts that are passed on.

Let us all join together and make a wonderful 2009 gift to Heifer International!

Generosity—the Unsung Virtue?

My preconceived perception was that generosity was the unsung virtue. In further research I discovered:

Those who have attempted to characterize humanity at its best have historically come up with their lists of virtues—traits and qualities that good persons generally possess. Such lists are common. William Bennett, John Bradshaw, Anthony Robbins and others have given attention to the subject in recent years. In earlier times the Romans, the Muslims, the Buddhists, and even old Ben Franklin drew up catalogues of virtuous human qualities. Some lists include generosity; others do not.

But what I found particularly interesting was that Notre Dame University is conducting something called “The Science of Generosity Project,” in which they are investigating the sources, manifestations, and consequences of generosity for both the givers and the receivers involved. And the news is good. Generosity is a classic example of what we sometimes refer to as a “win/win” situation. Generosity is a learned character trait, a moral orientation to life. It is, according to the project, “the virtue of giving good things to others freely and abundantly.”

Lastly, let me say this about the subject of generosity. It is included by Saint Paul in a listing of virtues in his letter to the Christians of Galatia. Says Paul, “The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control.”

Don't leave generosity out of your life. You, your world, and your church all need it.

CHARLES HOFFMAN

THE WORSHIP COMMISSION

is looking for volunteers to help with various projects during the upcoming Christmas Season.

- Saturday, **November 28th** at 9:00 am—*Set-up Trees & Decorations*
- Saturday, **December 5th & 12th** (Time TBD)—*Set-up Poinsettias*
- Sunday, **December 20th** at 12 Noon—*Assemble Luminaries*
- Thursday, **December 24th** at 4:00 pm—*Set-up Luminaries*

To volunteer, please contact the Church Office at 760.753.6582

New DINNER GROUPS Forming in 2010

Want to enjoy an even greater experience at church? Whether you are new to the church or have been members for years, this is a great opportunity for you! In the beginning of 2010, we will be reshuffling names and adding new ones to kick off our new “Dinner for Eight” dinner groups. The groups will be assigned in groups of eight under a “host family” who will arrange the first dinner date. Then, everyone takes turns hosting a dinner over the next few months.



This can be at your home—potluck style, a favorite restaurant (Dutch treat) or even a picnic in a park. Ideally, dinners are set once a month for four months. If you are interested in joining a dinner group, or would like to be a “host family”, please RSVP to LYNN BACHMAN at 760.602.0855 or lynnkirkbachman@mac.com.

You may specify “Adults Only” or “Mixed” (i.e. families with children welcome).

We guarantee a great time and chance to form new friendships!

UMYF

YOUTH NEWS

- **Sunday, November 1st**
U M Y F
6:15 to 8:15 pm | Youth Room
- **November 6th to 8th**
FRIDAY to SUNDAY
UMYF Fall Retreat
Camp Cedar Glen | Julian
- **Sunday, October 25th**
No U M Y F
Due to the Fall Retreat
- **Sunday, November 15th**
All Youth Dinner
6:15 to 8:15 pm | Founders Hall
- **Saturday, November 21st**
Thanksgiving
Service Project
Time/Details—TBA
- **Sunday, November 22nd**
U M Y F
6:15 to 8:15 pm | Youth Room
- **Sunday, November 29th**
No U M Y F
Give Thanks for your Families
and spend time with them



See's Candy Coming in December!

The UMYF plans to sell delicious SEE'S CANDY again this year. One pound boxes of Assorted Chocolates, Dark Chocolates, Milk Chocolates and Nuts and Chews will be available for \$15 per box. Only these varieties will be available for sale on two Sundays in December. You do not need to place orders, just come to the table and purchase as many as you like. All proceeds benefit the UMYF Winter Retreat.



Rebecca Hensley

YOUTH
DIRECTOR

Do you shop at Stater Brothers; do you know that you could help support our Youth Group by shopping at Stater Brothers? Every Sunday morning in Founders Hall we have a square table selling Stater Brothers "Scrip." What exactly is scrip? It is just like a gift card. You can purchase these wallet sized cards in \$100, \$50, \$25 and \$10 increments. The balance remains on the card until it is used up. This is a long running, successful fundraiser that is very easy for you to be a part of. Thank you so much to our loyal regulars that help support the youth in this way already!

It may seem like the youth are always fundraising, and that quite possibly could be true! The youth keep very active in activities, retreats, service projects and we want to keep the cost to each individual as low as possible, especially in our current economic state. As the Youth Director I feel very strongly that money should never be an issue why a youth cannot participate in an event with our church. We want to be able to offer no cost, low cost and scholarships for events all year long. Thank you for your continuing support through eating at Rubio's, shopping at Stater Brothers, eating our pancakes, snacking on our donuts and buying See's Candy.

Love and Encouragement,
R E B E C C A

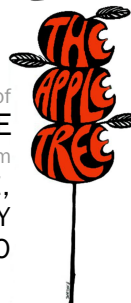
Two Nights Only ~ Friday & Sunday at 7:00 pm
November Sixth and Eighth



A FUNDRAISING PROJECT FOR THE SCHANTZ ORGAN FUND

An Evening of Entertainment

▶ featuring Act One of
THE APPLE TREE
▶ along with selections from
**GOD'S FAVORITE,
MILK AND HONEY
OPAL and TWO BY TWO**



DIRECTED BY
Walt Stewart
WITH GUEST ACTORS
**Sandy Campbell,
Andy Boutelle AND Ralph Johnson**
PLUS
SDUMC Singers & Performers
AND ACCOMPANIST
Janice Stewart



Martha Wingfield
ASSOCIATE
MINISTER

The late William Stringfellow described saints as “those men and women who relish the event of life as a gift and who realize that the only way to honor such a gift is to give it away.” We begin our worship life in November with *All Saint’s Day*—a day when we remember those who have gone before us and honor those members of the congregation who have died in the last year.

There is a story about a minister and a child who were walking through the sanctuary together, admiring the stained glass windows. The pastor was explaining to the girl that each window was dedicated to one of the four gospel writers—Saints Matthew, Mark, Luke and John. While the pastor shared this architectural lesson with the girl, she was enjoying trying to catch the colored rays of light that shown through the windows. After the tour, they sat down on a bench together and the girl said, “So, I think I know what a saint is.” “What is that?” responded the pastor. “A saint is somebody that the light shines through.”

On November 1st, we will gather in the bright light of our sanctuary and remember with gratitude and respect and great honor, all those family members and friends who brought light and life into our lives and who now have taken their place in the company of heaven.

In Christ,

Rev. Martha

Templins’ Mission to Kenya—Gitumi Methodist Church, Maua; Kegoi Primary School



My husband, Paul, told me that Kenya had been one of the best experiences of his life. My church sister, Cindy Breider, told me that her mission to Kenya had transformed her. So it was in July that my husband decided to take us back to Kenya. Riding through the beautiful, tea covered hills of Maua, it really did feel like we had arrived in God’s country. We met the Reverend Sanga earlier that morning, and he along with some other members of the church were guiding us through the Kegoi Circuit of the United Methodist Church in Kenya. We visited five churches and two schools that day. We brought \$2,000 from SDUMC to help the Rev. Sanga and his congregations serve the many and obvious needs of the community. We also delivered 24 soccer balls, pumps, and supplies for the Vacation Bible School program. In addition, we delivered a special gift for Rev. Sanga from the UMW, a stole that was handmade by Margo Tschaech. He was very pleased. Although it was abundantly clear that the congregations of the Kegoi circuit and the schools that they support were truly grateful for both our visit and our gifts, what was even clearer to me was that the Holy Spirit had long been at work in the congregations of Maua. We felt truly blessed to be in the company of such warm and loving people. Their greatest desire was that through us their love and friendship be extended to the church of San Dieguito, because as they expressed to me, we are all brothers and sisters in the eyes of the Lord, and it is time we come together as one family.

DANA TEMPLIN

SDUMC LA PALOMA • NOVEMBER 2009



SDUMC CARE Team

Congregational
Assistance
Resources and
Encouragement

STAYING HEALTHY

Your health is our concern. We know you may be worried about the flu season. Here are some simple steps you can take to stay healthy and help your friends and family stay healthy.

If you are not feeling well, stay home. We want to see you in worship and at all the various activities here at SDUMC, but—it’s NOT worth it, if it turns out you have something contagious. The BEST thing you can do when you are not feeling well is to *stay home*, isolating yourself from others so you do not spread an illness.

- If you need help, please call on the CARE Team through the church office.
- We can bring you a bowl of soup or provide a ride to the doctor.
- Hand washing is still the Gold Standard of cleanliness and disease prevention.
- Wash with soap & hot water for 15-20 seconds, especially after a cough or sneeze.
- A thorough washing will wash away bacteria and other microbes.
- If you cough or sneeze, cover it with a tissue, throw away the tissue, and wash your hands or use a hand sanitizer. If no tissue is available, raise your bent arm and cough into your sleeve (The “Dracula Sneeze”). Microbes cannot live as long on fabric as on your hands. Greet your friends with a warm smile and a pat on the shoulder, and avoid shaking hands, if you are especially concerned.

Let’s all STAY HEALTHY!



**FAN Club
Christmas
Dinner
December 5th**

Mark Your
Calendars!

FAN Club Christmas Dinner is Saturday evening, December 6th in Founders Hall. Watch for our sign-up table between services starting November 1st. We will be able to provide details and answer questions. This event is a great way to get better acquainted with your church family.



IN NOVEMBER

Sunday school will continue to collect UNICEF donations the first two weeks of November. The 4th grade Sunday School class will be finishing up a special *Learning How to Use My Bible* curriculum. Hopefully the kids will be able to know the difference between the Old and New Testaments and be able to find the gospels with lightning speed. On November 15th we will have the Preschool & Kindergarten Sunday school classes hosting a bake sale with proceeds going to Children's Ministries. And since the last Sunday of November is the first Sunday of Advent, we will start our preparations for the Christmas season.

The *Rock-a-Bye* theme for November is, *David Praises God*. The November unit of *Rock Solid* for the children will be, *God Forms a People*. And the November unit of *Rock Solid* for the tweens is *The Nation*.

See you in Sunday School!

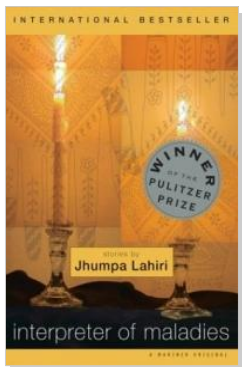
SHANNON KARLICEK
Director—Children's Ministries
kids@encinitaschurch.com



**Book Group
November 9th**

*Interpreter
of Maladies*

by JHUMPA LAHIRI



is our book group selection for November. We meet at 4:00 pm in the office conference room. Everyone is welcome!

Harvest Home Sunday | November 22nd

Harvest Home—a tradition of sharing the crops and produce from the fall harvest. This year we will celebrate Harvest Home on Sunday, November 22nd, with a large display of non-perishable food and health products. We hope to collect enough food to help fill MANY Christmas baskets for the needy. Please bring several items this year as the need is GREATER than ever. Examples of items we can use include can foods, boxes or bags of rice, beans and pasta, cans of meat products, soups, 5-lb bags of sugar, flour or potatoes. Boxes of cake and muffin mix, of dry milk, of Jell-O, pudding mix and personal health items. Anything which would be used to help the needy family will be helpful. If you wish, donate a store script card so we can purchase the items we need to complete the baskets.

Collection of items will begin on **Sunday, November 8th and continue until November 22nd**. These donations will be used for the November *Peanut Butter Sunday* donations.

P.S. Last year we did great with over four vans of items including 250 lbs of sugar. It would be great to match or EXCEED last year's donation.

This event is sponsored by the Church & Society Committee.



CHURCH OFFICE HOLIDAY CLOSINGS

Wednesday, November 11th—**Veterans Day**
Thursday & Friday, November 26th & 27th
Happy Thanksgiving!

san dieguito UNITED METHODIST WOMEN

THE HEARTBEAT NEWSLETTER
VOLUME VI | ISSUE 11 | NOVEMBER 2009

...their joy was so great that they were extremely generous in their giving... II CORINTHIANS 8:2

MONTHLY GATHERING: Wednesday, November 11th | 10:30 am | FH

HOSTESS: Martha Circle PROGRAM: *Food and Faith* Summary by ANN CLARKE
Pledge Service, Election & Installation of Officers

THIS MONTH we welcome Ann Clarke, who will provide a brief summary of the Food and Faith study from the School of Christian Mission. *Food and Faith* focuses on how our faith is nurtured, strengthened and enhanced by food, and all the ways food touches our lives. It also covers how our relationship with food and faith affects our hospitality to others. In addition we will Pledge to Mission. Pledging is the amount of money each woman gives to her local unit. Mission giving supports institutions and programs empowering and improving the lives of women, youth and children in the United States and around the world. Finally, we will also elect and install our officers for the coming year.

Please remember to bring articles for NEW ENTRA CASA. Special needs include: over-the-counter pain meds such as Aspirin, Aleve, Advil, etc. and non-perishable food items and paper goods.

The MONTHLY GATHERING provides an opportunity for all women of the church to come together for fellowship over a light lunch. Membership is open to all women with a desire to join.

OUR ANNUAL UMW



Another Huge Success!

Thanks go out to all the volunteers who gave of their time as well as to those who donated unwanted goods that were magically transformed into treasures purchased by our many shoppers. The United Methodist Women thank each and every one of you. Every dollar raised will be given to Missions. A complete listing with dollar amounts will be printed in a future newsletter. GROSS: \$16,000 NET: \$12,500

umw calendar

★ There will be NO Circle Meetings in November (except Mary Magdalene)

November 4th: Executive Board—9:30 AM | LOUNGE

November 11th: Monthly Gathering—10:30 AM | FOUNDERS HALL

upcoming events

December 12th: Christmas Tea

April 30th to May 2nd, 2010: UMW Assembly—ST. LOUIS, MO



Membership is open to all women of the church who desire to belong.
For information contact Mary Walman, UMW President, at 760.931.7980

UNITED METHODIST MEN

Tuesday, November 3rd
6:30 pm | Church Lounge

The purpose of the SDUMM (San Dieguito United Methodist Men) is to promote and facilitate fellowship, spiritual growth, Christian leadership, enhanced family relationships, and effective service with the men of our church community. This purpose will be supported by fostering Christ-like behavior in men aspiring to and accepting servant leadership roles in their church, community, and family.

Planned activities include targeted maintenance, outdoor activities, mentoring, fund-raising, retreats, and general service.

The SDUMM meet the first Tuesday of each month at 6:30 pm in the church lounge. Meetings are typically preceded by an informal potluck dinner, with business meeting, fellowship, and group discussion starting at 7:00 pm. Ad hoc activities are planned throughout the year.

All men are welcome. Please join us!



Come on by and
REVIVE!
@ FIVE
on Sunday
November 1st
in the
SDUMC
Sanctuary

We had a Spirit-filled REVIVE service last month on Sunday, October 4th! If you weren't able to join us, we sang praises to the Lord, read scripture, watched a video clip incorporated into Rev. Mark's sermon and made new friends during fellowship over dinner. We had a great moment during the service when the children led us singing *Jesus Loves Me*. Please join us for the next Revive worship service on Sunday, November 1st at 5pm!

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Encinitas, California 92024

phone | 760.753.6582 fax | 760.753.8936
email | admin@sdumc.org

Mark Feldmeir & Martha Wingfield | MINISTERS

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NOVEMBER 2009
La Paloma
San Dieguito United Methodist Church
NEWSLETTER



Bring Your Nativity Scenes to Church on December 6th!

Unpack your nativity scenes and get them ready to put on display between services on Sunday, December 6th. It will be fun to see all the different creches people have collected from all over the world. This event is sponsored by the *Women's Retreat Scholarship Fund*.

Heartfelt Thanks

We wish to thank everyone for their prayers and concerns during Richard's hospitalization. He is home now and doing well. Thank you!

Richard & Lorraine Holt

In Memoriam

Margo Tschaeche

SDUMC member since 1997,
died on October 5th.

Please keep her husband Al and
their family in your prayers.

Services will be held
Sunday, November 8th at 12:30 p.m.

