La Paloma

Volume X | FEBRUARY 2010 | Issue 2

San Dieguito United Methodist Church

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Mark Feldmeir
Martha Wingfield
MINISTERS

THE MISSION OF SAN DIEGUITO UNITED METHODIST CHURCH IS TO

MINISTER to the hopes and hurts of a troubled world,

NURTURE people in a community of grace, and

INVITE all persons to new life in Jesus Christ.

Worship Services
9:00 & 10:45 am

Sunday School
Pre-K thru High School at 9:00
Pre-K thru 2nd Grade at 10:45

Upcoming Activities

JANUARY 31st
thru FEBRUARY 14th
SDUMC HOSTS THE
Interfaith Shelter

FEBRUARY 2nd
Tuesday | 6:30 pm | Lounge
United Methodist Men

FEBRUARY 7th
YOUTH SUNDAY
NOTE: There will be no REVIVE Worship Service in February

FEBRUARY 8th
Monday | 10:00 am | Room 6
SDUMC Knitters

CONTINUED ON PAGE 2

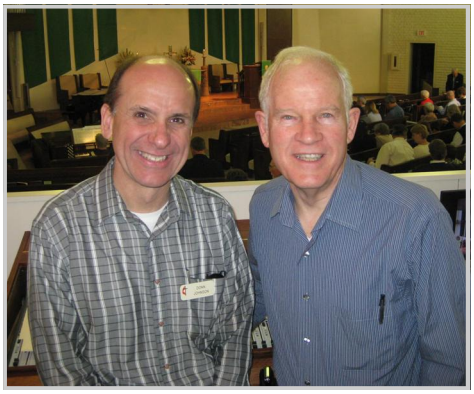
The New Media Booth | The Best Seat in the House

If you haven't noticed the new media booth in the back of the sanctuary, go and check it out. After years of having equipment spaced out in the back of the church in various nooks and crannies, we have updated our media capabilities and have everything in one location. Construction on the booth began last September and was handled by Bob Ginaven and Walt Stewart. Dean Boomhower helped with the finishing work on the exterior walls. The booth was completed in October.

Having a single media booth enables all of the technical aspects to be handled in one location. According to Donn Johnson, Multi Media chairman, "Before, the sound, lighting, and video were spread out at the back of the church, and we couldn't coordinate together on cues about what each of us was doing. Now we are centralized in one location and it's much easier. This was most pronounced with the *Evening of Theatre,* directed by Walt Stewart last November. There was ample room to set up additional wireless microphones, an audio playback system, laptops that covered music cues, along with controlling the video playbacks required for the show. We recorded the event with a camera also located in the new media control area."

If you have been to the Sermon post page of the website you will notice that we are now beginning to post not only audio, but video of the Sunday sermons. We are still working out some technical kinks to get the best picture on the website, as well as ease of viewing, and an intro prior to each Sermon.

Our next Multi-Media Meeting will be on **Saturday, February 20th** from 9:00 am to noon for anyone who would like to volunteer to help with this ministry, or just to learn about how everything works. You can also catch Donn in the booth each Sunday. He now has a bird's eye view of the sanctuary and the best seat in the house.



Donn Johnson (left) and Bob Ginnaven (right) in the New Media Booth

CHURCH OFFICE **FEBRUARY CLOSING**

MONDAY / FEBRUARY 15th
Presidents Day Holiday

Upcoming Activities

CONTINUED FROM PAGE 1

FEBRUARY 8th
Monday | 4:00 pm | Conf. Room
Book Group

FEBRUARY 11th
Thursday | 10:30 am | Lounge
Pinochle

FEBRUARY 14th
SCOUT SUNDAY

FEBRUARY 15th
Monday | OFFICE CLOSED
PRESIDENTS DAY

FEBRUARY 17th
Wednesday | 7:00 pm | Sanctuary
Ash Wednesday
WORSHIP SERVICE

FEBRUARY 19th
Friday | 7:00 pm | Rooms 9/10
Bridge Group

FEBRUARY 22nd
Monday | 10:00 am | Room 6
SDUMC Knitters

FEBRUARY 25th
Thursday | 10:30 am | Lounge
Pinochle

—ONGOING—

STUDY GROUPS meet at various times throughout the month.

IN ADDITION

SUNDAYS
10:45 am | Room 9/10
Adult Sunday School

WEDNESDAYS
9:30 am | Lounge
Mary Magdalene Circle
Bible Study

and at 7:00 pm
Jay & Wanda Williams' Home
Bible Study

THURSDAYS
7:00 pm
Mike & Ann King's Home
Centering Prayer

TUESDAYS/THURSDAYS
6:30 am | Room 6
& SATURDAYS
8:00 am | Lounge
AA

Pensamientos...

Dear Friends,

More than two years ago, upon the recommendation of our Strategic Planning Committee, a study group was formed to explore the need for an alternative worship service at San Dieguito UMC. After several months of enlisting, listening, and visioning, we launched our new, modern worship service called Revive. At the time, we intentionally labeled it a "pilot"—that is, an introductory test-run to determine the level of interest and viability of a modern service in our congregation. Given its immediate success, we opted to continue offering Revive on a monthly basis as we studied new models of worship, feedback among participants, scheduling and space concerns, and Revive's effectiveness in reaching new people.

For eighteen months, Revive achieved a relatively positive response, averaging between 50 and 95 worshippers; however, among the team of staff, volunteers and musicians, the consensus is that we have not achieved our intended goals for Revive, and that it's time to re-assess our strategies for providing an alternative worship service in this congregation. Revive, we believe, is a viable service; however, because it is offered only once each month, it has been unable to sustain the level of interest, commitment, and energy necessary to reach our broader goals. The plan is to pull Revive from our present worship schedule while we consider how it might better fit into the broader culture of our congregation. As our Strategic Planning Committee begins its work next month in creating a new three-year plan, special consideration will be given to Revive, including funding, staffing, scheduling, marketing, etc...If and when these critical issues can be resolved, it is our hope that Revive (or some version of it) will be re-launched at an appropriate time in the future.

I am grateful to a growing constituency of our members who desire to worship God in new and creative expressions, and to all who have volunteered their time and talents to this important initiative, especially: Stephanie and Anders Roede, Tim Klooster, Keith McCormick, Jennifer Pelling, Sam Diblasi, Jani Sepanik, Susanne Lister, Shannon Gilbride, Donn Johnson, Jane Shimizu, and Dan and Shelly Kinney.

Yours in Christ,

Rev. Mark

Missions—**God's Daily Opportunities**

This week my small group met to discuss Philip Yancy's book on Prayer. Throughout the discussion we were wondering how we each prayed and what our expectations were. There were many different thoughts and feelings about prayer. Some went to God with a thankful heart, others with needs, while others felt like God knows our hearts desires. But what I started realizing is how wonderful God really is.

As I was taking a walk early one evening I was facing the east and looking at the darkened valley with the mountains glowing an iridescent pink rising up above. I was in a full state of wonder and awe. What I didn't see until I turned to come back home was where this beautiful sight was coming from. As I looked west there was the most spectacular sunset and at that moment I knew that God is much more than I can wrap my head around. I thought about God's love and his grace that surrounds us. Do we notice where beauty comes from? Do we take time to listen and know that He is God?

How does this relate to mission? Back to our small group, we wondered about God speaking to us in small ways. It's easy to think of mission as some big trip clear across the world, but what about mission right here, everyday, many times a day? I think mission is the many opportunities that God places in our daily path and gives us the opportunity to be God's hands, feet, ears, and hearts to those we are with all day long.

CINDY BREIDER
Missions Chair

Why I am a Legacy Builder | Marianne Leighton

My parents built a new home in Morningside, a new suburb of Minneapolis, Minnesota and moved in four months before I was born. They were members of Lake Harriet Methodist Church where I was baptized, confirmed and married. Our whole family was active in this congregation and my parents continued to be active in the congregation until they passed away. It was through my parents examples and the church that I learned about giving. I have been doing so in various ways all my life. It was natural, therefore, to include my church when my husband and I were doing our estate planning. My Mom also set a final example for me when she named her church in her will. Since I do not know if I will still be living in Solana Beach and be a member of San Dieguito United Methodist Church at the time of my death, my directions declare that part of my estate should go to the church where I currently have my membership. What is important to me is to give to a faith community. I have felt very much at home in the San Dieguito United Methodist Church congregation. My life has been enriched and blessed here.

Legacy Builders are individuals who have named SDUMC as a beneficiary in their trust, will, IRA, insurance policy, etc. or have made a perpetual gift to the church.

Church & Society

The Church and Society Committee is changing its format. We will now be working on a task force model and will only have committee meetings as needed. We are putting feet on the ground, as they say, doing more walking than talking. Our projects include the *Interfaith Shelter for the Homeless*, helping at the *Community Resource Center*, cooking and serving meals for the *Bread of Life*, helping build homes at *Habitat for Humanity*, supporting the *Interfaith Committee for Working Justice*, and other worthwhile causes. We welcome your ideas and your participation.

If you have a heart for social justice, action, and service, please call ▶RANDA KRAKOW, the new chair of Church & Society, at 760.942.2393.

Interfaith Shelter

Here at SDUMC
January 31st
to February 14th

UMYF

YOUTH NEWS

- **Saturday, February 6th**
  Youth Sunday Rehearsal
  1:00 pm | Sanctuary
- **Sunday, February 7th**
  Youth Sunday
  9:00 & 10:45 am Services
  — ALSO —
  Super Bowl Party
  3:00 pm | Vander Schaaf Home
- **Wednesday, February 10th**
  Interfaith Shelter
  Dinner Hosts (5 pm)

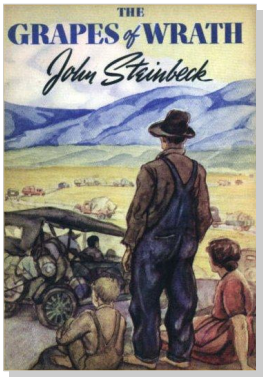
Sunday, February 21st
All Youth Dinner
6:15 to 8:15 pm | Founders Hall

Wednesday, February 24th
Confirmation Class
4:00 to 5:30 pm | Youth Room

- **February 26th to 28th**
  FRIDAY THRU SUNDAY
  Winter Retreat
  Camp Wrightwood
  and Mt. High Ski Resort

Book Group
February 8th

The Grapes of Wrath
by JOHN STEINBECK



is our book group selection for February. We meet at 4:00 pm in the office conference room.

Everyone is welcome!

Rebecca Hensley
YOUTH DIRECTOR

Join Us for Youth Sunday | February 7th

February is an exciting month for the Youth Ministry at our Church. Once a year the youth are provided the opportunity to lead the worship for our entire congregation at both services, this year will be on February 7th. They are currently preparing the sermon, the liturgy, the pastoral prayer, the anthem and all other aspects of the service. The seniors are given the opportunity to give a sermon, to share their faith and to add another special faith opportunity to their journey. This is a special privilege for the youth in their last year of the youth program. I hope you will join us and experience the joy and hope in the future of our church.

Confirmation class will also begin this month. Our class is open to seventh grade students and older students who have not yet been confirmed. Each youth will explore and learn more about Christianity, Methodism and their faith and be given the opportunity to confirm themselves as a Christian and a member of our church. I hope and pray that each youth participating in the class this year takes the opportunity to really explore, ask questions and take true ownership of their personal faith. As our confirmation class continues on this journey to their profession of faith, I encourage you to keep them in your prayers. Thank you for all of the support for youth ministries at our church.

Love and Encouragement,

REBECCA

Generosity

Our 2010 Lenten Study will be on a book by Adam Hamilton entitled "Enough".

Some excerpts from this book from the chapter on generosity are as follows:

Our generosity to God and others not only touches God and other people, it also changes us. As human beings, we were created with the need to be generous. When we are not generous in giving of what we have, we have not only a financial problem but also a spiritual problem. To use a somewhat graphic yet extremely effective analogy, it is as if we have become financially and spiritually constipated. We keep taking in, but we're not giving out. After a while, it becomes uncomfortable and causes us pain. Sometimes we may not even realize what is happening. We're taking in, but it is not satisfying us because we were not made to take in and never give anything back. We were created for generosity. Over time we become self-absorbed, money-consumed, joyless people. This is what a lifetime of financial and spiritual constipation looks like: joylessness.

Each of you must give as you have made up your mind,
not reluctantly or under compulsion, for God loves a cheerful giver.
2 CORINTHIANS 9:7

Martha Wingfield
ASSOCIATE MINISTER

Lent is a season of contrasts. It is a time of fasting and giving up in order to be filled with a keener sense of God's presence in our lives. Intentional acts of faith such as prayer, self-denial, or service to others during this season expose us to presence of God in our everyday lives. This holy season, think about the call to fast from things that detract from that wholeness and feast on the things that bring us closer to God and each other. I share with you this prayer by William Arthur Ward.

Fast from judging others; feast on the Christ dwelling in them
Fast from emphasis on our differences; feast on our oneness
Fast on thoughts of illness; feast on the healing power of God
Fast on words that pollute; feast on words that purify
Fast from discontent; feast on gratitude
Fast from withholding anger; feast on sharing our feelings
Fast from pessimism; feast on optimism
Fast from worry; feast on trust
Fast from guilt; feast on freedom
Fast from complaining; feast on appreciation
Fast from hostility; feast on letting go
Fast from bitterness; feast on forgiveness
Fast from selfishness; feast on compassion for others
Fast from discouragement; feast on seeing the good
Fast from idle gossip; feast on spreading good news
Fast from being so busy; feast on quiet silence
Fast from problems that overwhelm us; feast on prayerful trust
Fast from talking; feast on listening
Fast from trying to be in control; feast on letting go.

In Christ,

Rev. Martha

Volunteers Needed! | Vacation Bible School

Vacation Bible School will be here before we know it. And we need a lot of volunteers to create a special learning environment for our kids. VBS is tentatively scheduled for **Monday, June 21st** through **Friday, June 25th** from 9:00 am until Noon.

We are looking for volunteers to help with all aspects of VBS: Music, Skits, Snacks, Games, Decorations, Arts & Crafts, Administration and—most importantly—TEACHERS!

Please prayerfully consider volunteering your time to bring God's teachings to the children of our community. If you are interested in volunteering, please send an email to: *VBS2010@encinitaschurch.com.*

ON THE WAY TO THE FORUM

NOTE: The Forum meets on non-holiday Sunday mornings at 9:00 in Founders Hall. You have a standing invitation to join us for a stimulating, entertaining, interactive and informative hour of lecture and discussion, followed by SDUMC's Coffee Fellowship and the 2nd worship service. In by 9:00, out by noon—a Sunday morning well spent!

Final dates are still to be determined, but two topics we plan to discuss in FEBRUARY FORUMS are Hemp and VAS.

HEMP: WILL ELDON will tell us about the myriad uses of hemp and the history of its legal status. What do 19th Century sailors' ropes and Jefferson's original draft of the Declaration of Independence have in common?

VAS: Every pet owner, particularly those with cats, should be aware of vaccine-associated sarcoma, a highly aggressive form of cancer which is triggered by vaccination. Are we loving our companion animals to death? Is the incidence of VAS really one in 10,000 or more like one in 30?

The Forum will take a break during Lent and return the Sunday after Easter, to dedicate the month of April to environmental and energy topics, in honor of EARTH DAY 2010.

SDUMC **CARE Team**

Congregational
Assistance
Resources and
Encouragement

ATTITUDE

Continuing the theme of Attitude and how all-important it is (see January 2010 issue):

There once was a woman who woke up one morning, looked in the mirror and noticed she had only three hairs on her head. "Well," she said, "I think I'll braid my hair today!" So she did, and she had a wonderful day.

The next day she woke up, looked in the mirror and saw that she had only two hairs on her head. "Hmmm," she said, "I think I'll part my hair down the middle today!" So she did, and she had a grand day.

The next day she woke up, looked in the mirror and noticed that she had only one hair on her head, "Well," she said, "today I'm going to wear my hair in a pony tail." So she did, and she had a fun, fun day.

The next day she woke up, looked in the mirror and noticed that there wasn't a single hair on her head. "YEA!" she exclaimed, "I don't have to fix my hair today!"

ATTITUDE IS EVERYTHING.

SUNDAY SCHOOL IN FEBRUARY

During the four Sundays of February and into March, Sunday school will be doing a mid-year Sunday school registration campaign. All children in the Sunday school program will need registration forms filled out so teachers and I know where they go to school, what their birthday is and if there is anything special we need to know, like allergies. When the form is turned in, the child will receive a donut coupon to be used at the Founders Hall bake sales. Forms will be available from Sunday school teachers, the church office, downloaded from the website or from me. Thank you in advance for your help.

The *Rock-a-Bye* theme in the nursery for February is, *Jesus Loves the Children*. The February unit of *Rock Solid* for the children will be, *Healed By Jesus*. And the February unit of *Rock Solid* for the tweens is, *Lessons in Faithfulness*.

See you in Sunday School!

SHANNON KARLICEK
Director—Children's Ministries
kids@encinitaschurch.com

2010 Worrall Youth Musician Scholarship

In 2002, the Worrall family established a scholarship for youth musicians in our church. If you are between the ages of 5 and 20, attend our church regularly and have an active involvement in music, you are encouraged to apply. Each year an applicant is selected based on musical ability, church participation and need. Applications are available in the church office and must be submitted to the church office by Sunday, **February 28th**.

A committee made up of church music directors and lay persons will review the applications and select one or more applicants. The scholarship will be awarded on Sunday, March 14th. Thank you to the Worrall family for supporting our youth music ministry with this scholarship.

san dieguito
UNITED METHODIST WOMEN
THE **HEARTBEAT** NEWSLETTER
VOLUME VII | ISSUE 2 | FEBRUARY 2010

MONTHLY GATHERING: Wednesday, February 10th | 10:30 am | FH
HOSTESS: NAOMI CIRCLE

Although the program for our February meeting is still in the planning stages, those of us who attend regularly know that we will be glad we came to the Gathering. Coming together as a group of Methodist women each month allows us to participate in fellowship with one another and draw support from this larger body of Christ's servants. Coming together also allows us the opportunity to give something back through the many missions that UMW supports. For example, New Entra Casa, a ministry that helps women transition back into society after incarceration, is in need of many household items such as non-perishable food items, paper goods, toiletries, etc. We ask that you bring these items to the Gathering or your Circle meetings. In addition, there is a call for prayer shawls and baby blankets that will be distributed to mission institutions and persons in physical or spiritual need. These shawls and blankets may be sewn with fabric, knitted or crocheted and should be completed by late February. Following blessings at our church, these donated items will be sent to the UMW Board of Global Ministries for display at Assembly prior to distribution. These are just two of the many opportunities for us to contribute to the benefit of others. Wouldn't you like to take part in making someone else's life better? Come join us...you'll be glad you did.

umw calendar

February 3rd: *Executive Board*—9:30 AM | CONFERENCE ROOM
February 10th: *Monthly Gathering*—10:30 AM | FOUNDERS HALL
February 20th: *Mid-Winter Event*—WILSHIRE UMC

upcoming events

March 13th: *Mission Study: "Food & Faith"*—VISTA UMC
April 30th to May 2nd: *Cal-Pac Conference Assembly*—ST. LOUIS, MISSOURI
May 22nd: *Bus Trip to Tobermann House and Methodist Hospital*

Membership is open to all women of the church who desire to belong. For information contact Ann Clarke, UMW President, at 760.753.4853.

HELP WANTED

Haiti Relief

The United Methodist News Service has posted stories on the tragic earthquake in Haiti and will continue coverage about United Methodist mission teams that are in Haiti, response efforts by the *United Methodist Committee on Relief,* and what local churches are doing to provide aid. Information is available at *www.umc.org/haiti.*

To make a donation today, please make your check to SDUMC and designate it for: **Haiti Emergency, UMCOR Advance #418325**. 100% of gifts to UMCOR through the Advance support the designated project.

If you are looking for a way to involve your children in providing relief for the people of Haiti following the earthquake this week, consider assembling UMCOR Health Kits. Your family can bring fully assembled kits or just some of the requested items.

Health Kit for Haiti

Value: $12 per Kit

UMCOR HEALTH KIT CONTENTS
Place these items inside a sealed one gallon plastic bag:

- 1 hand towel (15 x 25" to 17 x 27"; please no kitchen towels)
- 1 washcloth
- 1 comb (large and sturdy, not pocket-sized)
- 1 nail file or fingernail clippers (no emery boards or toenail clippers)
- 1 bath-size bar of soap (3 oz & up)
- 1 toothbrush (single brushes only in original wrapper; no child-size brushes)
- 6 adhesive, plastic strip, sterile bandages

(NOTE: UMCOR is now purchasing toothpaste in bulk to be added to health kits before shipping to ensure that the product does not expire before it is sent. Please include $1.00 for each kit you send toward the purchase of toothpaste.)

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Mark Feldmeir & **Martha Wingfield** | MINISTERS

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LA PALOMA Newsletter | February 2010
SAN DIEGUITO UNITED METHODIST CHURCH

Peanut Butter Sunday | **February 14th**

Don't forget to add TUNA to your grocery shopping list this month so you can bring it to church on Sunday, February 14th. There will be a collection box in the entrance to Founders Hall.

Thanks so much for your assistance!

CHURCH & SOCIETY

In Memoriam

— Ross Speck —

Ross, a SDUMC member since 1987, passed away on January 12th.

Please keep Loraine, his wife of 65 years, and their family in your prayers.