

San Dieguito United Methodist Church

170 Calle Magdalena
Encinitas, California 92024

phone | 760.753.6582

fax | 760.753.8936

24-Hour Emergency Pastoral Care

800.785.4391

email:

admin@encinitaschurch.com

website:

encinitaschurch.com

Mark Feldmeir
Martha Wingfield

MINISTERS

THE MISSION OF
SAN DIEGUITO UNITED
METHODIST CHURCH IS TO

MINISTER to the hopes and
hurts of a troubled world,

NURTURE people in a
community of grace, and

INVITE all persons to
new life in Jesus Christ.

Worship Services 9:00 & 10:45 am

Contemporary Service

"Revive"

1st Sunday of the month at 5 pm

— ★ —

Sunday School

Pre-K thru High School at 9:00

Pre-K thru 2nd Grade at 10:45

Upcoming Activities

JANUARY 1st

Friday | OFFICE CLOSED

HAPPY NEW YEAR!

JANUARY 3rd

Sunday | 5:00 pm | Sanctuary

"Revive"

WORSHIP SERVICE

JANUARY 4th

Monday | 6:30 pm | Lounge

United Methodist Men

JANUARY 11th

Monday | 10:00 am | Room 6

SDUMC Knitters

CONTINUED ON PAGE 2

La Paloma

Volume X JANUARY 2010 Issue 1

Shelter in a Troubled World

ISN | JANUARY 31st thru FEBRUARY 14th | SDUMC

Who among us doesn't have a close friend or relative who has gone through a rough time due to illness, job loss, misfortune or poor judgment? We all know the pain of not knowing how to help; how to be supportive without enabling. Now we can offer love and help to members of *other* families, who are temporarily homeless, via the *Interfaith Shelter Network* (ISN), here at our church. For two weeks, JANUARY 31st thru FEBRUARY 14th, our church will provide overnight shelter and meals for up to 12 homeless people (families and/or single adults). Our church is part of a large rotational network of 110 churches in San Diego County.

While we provide for their immediate needs, all clients are screened and case managed by social workers at Community Resource Center (CRC) in Encinitas. CRC counsels clients to confront and overcome basic problems, offers job referrals or training, ensures the kids are kept in school, provides referrals for transitional or permanent housing, and offers financial literacy training. All north county shelters, rotational or permanent, are able to follow individual clients to help them move toward self-sufficiency (see *Homeless Havens/U-T*). You can link to this article online at <http://www.signonsandiego.com/news/2009/nov/29/seasonal-shelters-relief-hunger-cold/>.

This is our fourth year as a host church with ISN. Each year we get a little bit better at running a warm, inviting shelter, with more realistic expectations, better routines, more experienced volunteers (in February, 2009 we had over 100 SDUMC members involved).

Last year HYDRO-SCAPE (Hwy. 101—Encinitas) generously donated PVC pipe so that now we have ready-to-assemble cubicles for our guests. They will be assembled by Boy Scout Troop #774.

Because we stock the kitchen with basic breakfast and lunch supplies and replace some equipment each year, there is a great need for donations and cash. You can help!

Sign up between services this month to: 1) Provide a meal or supplies. 2) Be the person who opens the shelter. 3) Be a welcoming Evening Host to ensure guests have what they need. 4) Or be an Overnight Host (sleeping in a separate room). There are many, many ways to help.

The shelter opens at 5:00 pm and closes the next morning at 8:00 am when the guests go off to school, work, house or job hunting or to other assignments given by CRC.

There will be training for all volunteers and there is always someone to help you. You are not alone. We will show our guests that they are not alone.

For information, contact Shelter Coordinator
LYNNE CALKINS—760.632.8029 or LC1NP@cox.net



CHURCH OFFICE JANUARY CLOSINGS

■ THURSDAY (noon) DECEMBER 31st / FRIDAY, JANUARY 1st

Happy New Year!

■ MONDAY / JANUARY 18th

Martin Luther King Jr. Holiday

Upcoming Activities

CONTINUED FROM PAGE 1

JANUARY 11th

Monday | 4:00 pm | Conf. Room
Book Group

JANUARY 14th

Thursday | 10:30 am | Lounge
Pinochle

JANUARY 15th

Friday | 7:00 pm | Rooms 9/10
Bridge Group

JANUARY 18th

Monday | OFFICE CLOSED
**Martin Luther King Jr.
Holiday**

JANUARY 19th

Tuesday | 2:00 pm | FH Kitchen
Bread of Life
DINNER PREPARATION

JANUARY 28th

Thursday | 10:30 am | Lounge
Pinochle

JANUARY 31st

UMW SUNDAY

—ONGOING—

STUDY GROUPS meet at various times throughout the month.

IN ADDITION

SUNDAYS

10:45 am | Room 9/10

Adult Sunday School

MONDAY thru FRIDAY
9:45 am | Room 9/10 (usually)

SDUMC Tai Chi

TUESDAYS

9:30 am | Lounge

Mary Magdalene Circle Bible Study

WEDNESDAYS

7:00 pm

Jay & Wanda Williams' Home **Bible Study**

THURSDAYS

7:00 pm

Mike & Ann King's Home **Centering Prayer**

TUESDAYS/THURSDAYS
6:30 am | Room 6

& SATURDAYS
8:00 am | Lounge
AA

SDUMC LA PALOMA • JANUARY 2010



Pensamientos...

Dear Friends,

I have never been much of a fan of New Year's resolutions. Maybe that's because, when dealing with my own hang-ups and shortcomings, I prefer the way of denial and indecision and procrastination. This approach tends to be much easier than dealing with the guilt and regret of breaking a resolution soon after I make it.

I have known people over the years who have dropped more than a few pounds, or shredded their credit cards, or given up coffee as a result of a New Year's resolution. I applaud them for their discipline and devotion to improving their lives. But I know far more people who, every December, make resolutions to transform themselves into organized, addiction-free souls with clean houses, healthy bodies, wholesome relationships, perfect children, and career paths soaring to the top—the same vows they made last year and the year before that.

As a pastor, I'm not convinced that we have it entirely within ourselves to make lasting change on our own. My experience is that we need serious help—from others, and especially from God. I have a few friends who have found both sobriety and sanity through various recovery groups such as Alcoholics Anonymous. They all tell me the same thing: I could not have made it a single day without God, and without someone who cared enough about me to hold me to my commitment.

Whether or not you make a New Year's resolution this year, I encourage you to renew your personal covenant with God as you begin 2010. In 1775, John Wesley, the founder of the Methodist movement, wrote a special liturgy which later became known as the Covenant Renewal Service. The service included a "covenant prayer" which, over the years, has become one of the most distinctive contributions of Methodism to the liturgy of the church in general, and is used from time to time by other denominations, especially at or near the beginning of the New Year. The prayer is grounded in the broader context of God's call upon each of our lives to serve Christ and neighbor, despite our occasional unwillingness or reticence:

"...Christ has many services to be done," reads the liturgy. "Some are easy, others are difficult. Some bring honour, others bring reproach. Some are suitable to our natural inclinations and temporal interests, others are contrary to both...Yet the power to do all these things is given to us in Christ, who strengthens us."

Given that our spirit is often willing but the flesh weak, Wesley crafted this prayer, by which we are to renew our commitment to follow and serve Christ, in whatever way Christ sees fit:

I am no longer my own, but thine.

Put me to what thou wilt, rank me with whom thou wilt.

Put me to doing, put me to suffering.

*Let me be employed for thee or laid aside for thee,
exalted for thee or brought low for thee.*

Let me be full, let me be empty.

Let me have all things, let me have nothing.

I freely and heartily yield all things to thy pleasure and disposal.

*And now, O glorious and blessed God, Father, Son and Holy Spirit,
thou art mine, and I am thine.*

So be it.

*And the covenant which I have made on earth,
let it be ratified in heaven. Amen.*

This New Year's Eve, I invited you to pray this prayer as you reflect on who you are, and to whom you belong, and to what service you have been called.

Happy New Year,

Rev. Mark

Missions—Faith In Action

The New Year will be an exciting time for the mission of our church! The Missions Commission is introducing a new program that builds on our past outreach and allows our congregation to touch even more lives.

Faith-In-Action (FIA) will lead us into new avenues of hands-on local mission and service. We all will have the chance to grow in many ways, share our church with others, build stronger ties within our congregation, and have a real impact on our community. This program includes a four-week small group study, daily personal devotions, worship suggestions, and prayer emphasis.

The campaign culminates this fall with a Faith-in-Action Sunday. Instead of worshipping in the sanctuary that morning, we will take the church to the community by serving those in need. There will be many projects to choose from, so no matter your age or experience, you will be able to contribute in a meaningful way. We will gather that evening in worship to share our experiences and renew our commitment as a church in mission.

Also, please mark your calendar for Saturday morning, January 30th from 8:30 to 11:00. Two great speakers, REV. JOHN HUGHES, Executive Director of *Metro*, and CHAD JACKSON from *Canyon View Fellowship*, will share their ideas about making missions work in our everyday lives. Everyone is welcome to attend and learn how we can incorporate missions seamlessly into our lives and experience the fulfillment that such work can provide.

Please join us in this exciting opportunity
to serve to our community!

CINDY BREIDER
Mission Chair



SAN DIEGUITO

UNITED METHODIST CHURCH

The Making of the new Church Monument Sign

You may have noticed the construction on the hillside as you drive up Calle Magdalena. This is the location of our new San Dieguito UMC Monument sign. About five years ago, Mossy Chevrolet closed their business at 140 Calle Magdalena. This opened up the possibility of putting a church monument sign where their sign was once located.

The planning for such a sign lay fallow until February 2009, when Bill Dunkle, wishing a memorial for his wife, made a substantial contribution to the church for monument sign construction. A small committee with Larry Becht, Jim Fassett and John Ward was formed to carry this forward.

The ten foot cross and flame sculpture at Vista UMC inspired the committee to ask Manuelita Brown if she could make such a sign. She agreed, donating her time and expertise. Rev. Mark and the committee met with Bravo Sign & Design to work on the design concept (pictured). After approval by the Trustees in April, City Planning in May and finally the City of Encinitas in early November, approval was granted on November 20th.

An inscription will be placed on one of the panels of the flame in the sculpture with the dedication chosen by Bill Dunkle's daughter's family—*William & Toddy Ann Dunkle, Donors*. Thank you to the Monument Committee and Manuelita Brown for their many months and hours of work. We look forward to the unveiling of our new sign.



Ada Britz Fund

If you know someone 55+ living in Encinitas, who needs help with medical, dental, vision expenses, help is available through the *Ada Britz Trust Fund*.

For information, contact
▶ LYNNE CALKINS
760.632.8029
or LC1NP@cox.net

Peanut Butter Sunday

We will continue to sponsor *Peanut Butter Sunday* in 2010. Every 3RD Sunday, our congregation will collect a different food item to contribute to the COMMUNITY RESOURCE CENTER FOOD BANK which supports needy individuals and families in the Encinitas area.

- 1/17—PEANUT BUTTER
- 2/14—TUNA
- 3/14—POWDERED MILK
- 4/18—CANNED FRUIT
- 5/16—BABY FOOD & DIAPERS
- 6/20—RICE & PASTA
- 7/18—BEANS
- 8/15—SOUP
- 9/19—CEREAL
- 10/17—POP-TOP ITEMS
- 11/14—STUFFING & POTATOES
- 12/19—HOLIDAY BASKET ITEM



Here at SDUMC

January 31st
to February 14th

SDUMC LA PALOMA • JANUARY 2010

UMYF

YOUTH NEWS

- **Sunday, January 3rd**
U M Y F
6:15 to 8:15 pm | Youth Room
- **Sunday, January 10th**
Parent Meeting
5:00 pm | Youth Room
— ALSO —
U M Y F
6:15 to 8:15 pm | Youth Room
- **Sunday, January 17th**
All Youth Dinner
SHANNON GILBRIDE, speaker
6:15 to 8:15 pm | Founders Hall
- Sunday, January 24th**
CONFIRMATION
INFORMATIONAL MEETING
10:15 am | Youth Room
— AND —
U M Y F
6:15 to 8:15 pm | Youth Room
- **Sunday, January 31st**
U M Y F
6:15 to 8:15 pm | Youth Room

SDUMC LA PALOMA • JANUARY 2010



Rebecca Hensley

YOUTH
DIRECTOR

Christmas Season in the Youth Program is always a lot of fun. The first Sunday of December we did our annual Christmas Caroling. We visited *Atria Senior Living Community* and *Lake Shore Gardens*. Reverend Charlie Boss organized a wonderful route for us to visit members of the Lake Shore Gardens Community. Christmas Caroling is a wonderful opportunity to start the season off by spreading Christmas cheer to friends and members of our congregation in the community.

Steve Hayes came to speak to our Sunday School classes to share how we have come to our current tradition of Santa Claus. This started a wonderful discussion about many of the myths and current concept of the nativity vs. what the Bible actually says about the birth of Jesus. The youth also wrapped

gifts for La Roca for the Missions committee.

We also had our annual Christmas Party hosted by the Stewart family. We had a delicious arrangement of foods and desserts and a humorous white elephant gift exchange. Some of the entertaining gifts were a giant comb and scissors, an oversized foam cowboy hat and a gift bag filled with toys that could have filled half a toy chest!

The preparation for the birth of our Savior has given us an incredible opportunity to spread Christmas cheer, learn about the true story of His birth and the myths and secularization of Christmas traditions. Most of all it has allowed us the opportunity to fellowship and grow deeper in our relationships through much fun and laughter together.

Love and Encouragement,

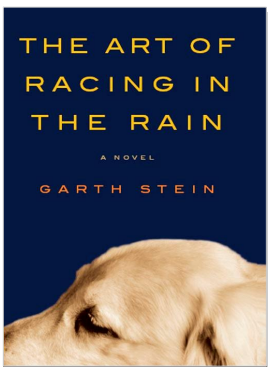
R E B E C C A



Book Group January 11th

*The Art of Racing
in the Rain*

by GARTH STEIN



is our book group selection for January. We meet at 4:00 pm in the office conference room.

Everyone is welcome!

How We Worked Up to a Tithe for Our Church

Tithing is discussed in the bible as early as Genesis, where God asked the people to give back to God one tenth of everything God gave them, with the promise that God would pour out blessings on them if they did.

My wife and I were both working and when we were in our mid-thirties we decided to work toward a tithe to our local church. We had felt that we were giving as much as we could at that time, probably about 5% of our take home pay. So about every other time either of us got a salary increase we added the gross amount of that increase to our church giving. We began to notice that somehow our salary increases became larger and more frequent, and that increasing our giving became less and less financially painful. Within a few years we were giving ten percent of our gross income to our church.

Early on, there were times when it was difficult to make ends meet but it seemed that there was always an unexpected check in the mail; e.g., an insurance rebate, dividend or other pleasant surprise. We felt that these surprises may have been evidence that God was keeping the promise made to the people who give back ten percent of everything. There were always life's challenges along the way, but quality of life generally has been wonderful.

A Church Leader Who Prefers to Remain Anonymous



Martha Wingfield
ASSOCIATE
MINISTER

Thomas Merton wrote that those who have seen the light of Christmas are “obliged to make known the presence of the Savior to the ends of the earth...not only by preaching the glad tidings of his coming; *but, above all, by revealing him in our lives.*”

The Epiphany season, coming as it does at the beginning of our calendar year, challenges us to grow and change in fruitful ways that witness to our renewed faith. In the spirit of new growth, I want to lift up three events this month that offer us the opportunity for renewal and new beginnings.

At REVIVE on January 3rd, we will share in a Renewal of Baptism service. In this meaningful ritual, we reaffirm the promises that we made or were made at the time of our baptism and recommit ourselves to living in the light of God’s grace. The highlight of this ritual is touching the baptismal water and hearing the affirmation, “Remember your baptism and

be thankful.” Revive meets the first Sunday of the month at 5:00 pm with a light supper following in Founders Hall.

Service and Mission opportunities will be highlighted at a MISSIONS FAIR on January 10th during the coffee hour. Following a task force model, the work of the Missions Committee has been divided into 6 areas: Mexico Outreach, Heifer Project, Missionary Contact and Support, Fundraising and Bake Sales, Church Mission trips and Faith in Action (*see Missions article*). Displays for each of these areas will be set up and sign ups for each will be available.

Thirdly, registration for this year’s LENTEN STUDY begins on January 10th. The study book is called *Enough: Discovering Joy through Simplicity and Generosity*. The subject of personal finances as a faith issue is a timely subject given the realities of our economy. We will explore this book in four-week long small groups which will be offered at convenient times during the week.

In Christ,

Rev. Martha

In Memoriam

Ray Crawford

Ray died on December 4th and had been a member of SDUMC since 1990.

Gwen Greene

Gwen was a SDUMC member since 1998 and passed away on December 12th.

Alan Nelson

Alan, a SDUMC member since 1963, died on December 13th.

Please keep the families and friends of Ray, Gwen and Alan in your prayers.



NOTE: The Forum meets on non-holiday Sunday mornings at 9:00 in Founders Hall. You have a standing invitation to join us for a stimulating, entertaining, interactive and informative hour of lecture and discussion, followed by SDUMC’s Coffee Fellowship and the 2nd worship service. In by 9:00, out by noon—a Sunday morning well spent!

January 10th: Our Missions Committee will kick off the new year by hosting PASTOR JOEL MELO, who will tell us about the vital ongoing community outreach at Santo Niño and SDUMC’s important supporting role there.

January 17th: If you plan to help at SDUMC’s upcoming Interfaith Shelter Network rotation the first two weeks of February, please attend this important organizational and training Forum, chaired by LYNNE CALKINS.

January 24th & 31st: The Forum will continue Pastor Melo’s Latin American theme with DOLORES WELTY showing short films and leading discussions about our southern neighbors. Some Central and South American politicians want to address the problem of pervasive poverty by rejecting our American way of life and the free market—the political left is rising in Honduras, Bolivia, and elsewhere, and rebellion is in the air yet again.



SDUMC CARE Team

Congregational
Assistance
Resources and
Encouragement

ATTITUDE

The longer I live, the more important I realize the impact of attitude on life.

Attitude is often more important than facts.

Attitude is more important than money.

Attitude is more important than the past.

Attitude is more important than circumstances.

Attitude is more important than failures or successes.

Attitude is more important than what people think, say or do.

Attitude is more important than physical skill or mental capacity.

The remarkable thing is that I have a choice everyday, regarding the attitude I will embrace for that day.

I cannot change the past.

I cannot change the future.

I cannot control how someone else will act.

The only thing I can do is control my own attitude.

I am convinced that life is 10% what happens to me, and 90% how I react to it. It is all up to me for I am in charge of my attitude.

Attitude is not the result of success. Success is the result of a great attitude.

Author Unknown



SUNDAY SCHOOL

IN JANUARY

Happy New Year! With the New Year come a few small changes in our Sunday schedule. Our church is blessed with such a strong and well attended 9:00 worship service and Sunday school program. Since most of our families attend at the 9:00 hour, we have decided to offer a one-room Sunday School format at the 10:45 service for preschool through 2nd grade only. During the announcement time, the children will be excused to attend Sunday School in Room 4. We hope that whichever service your family attends; we can help your children build their relationship with Jesus.

The *Rock-a-Bye* theme in the nursery for January is, *Jesus Grows*. The January unit of *Rock Solid* for the children will be, *Touched By Jesus*. And the January unit of *Rock Solid* for the tweens is, *God's Son*.

See you in Sunday School!

SHANNON KARLICEK
Director—Children's Ministries
kids@encinitaschurch.com



Christmas Vespers Concert Performed to a Packed House!

On Sunday, December 13th, our 60-voice Chancel Choir, Joyful Bell Choir, a 20-piece Chamber Orchestra selected by Nancy Swanberg, and incredible vocal soloists Anne-Marie Dicce and Janelle DeStefano brought the Advent and Christmas season to a peak with their annual Christmas Vesper concert. Printed programs evaporated, dozens of folding chairs were brought in, and some were reported to have parked near Taco Bell and Coco's Restaurants!

Director William Hatcher later said that the audience response, thought to be over 500, was overwhelming. The performers presented Vivaldi's *Gloria* and Robert Shaw and Robert Bennett's classic arrangement of favorite carols entitled *The Many Moods of Christmas*. In addition, organist Janice Stewart presented an organ offertory and Karen Zerlaut directed the bell choir in *Angels From the Realms of Glory*. A reception provided by the Music Series Committee followed the performance.

The annual observance of Christ's birth, now past, is always well enhanced by centuries of music traditions that bring us closer to the source of our faith.

san dieguito UNITED METHODIST WOMEN

THE HEARTBEAT NEWSLETTER
VOLUME VII | ISSUE 1 | JANUARY 2010

MONTHLY GATHERING: **Wednesday, January 13th | 10:30 am | FH**

SPEAKER: **REBECCA HENSLEY**

As the end of 2009 approached, the United Methodist Women were faced with an awesome challenge—which of the many deserving missions should we support? First and most importantly, our local UMW unit will support the Cal-Pac District with a donation of \$10,120 which will go to National and Foreign missions such as Neighborhood House, Calexico and UMCOR. In addition, \$5,500 will be donated directly by our local unit to a variety of organizations such as the Community Resource Center, Meals on Wheels and New Entra Casa, as well as supporting groups within our own church community including the Sierra Service Project, Youth Bell Choir and Women’s Retreat. Our giving would not be possible without the support of the entire congregation who contributes to these causes by donating, buying or working at our annual Rummage Sale. A big THANK YOU goes out to all of you from all of us. In addition, the UMW thanks MARY LOU MALLAY who works tirelessly to oversee our finances as Treasurer.

At our Monthly Gathering this month, we will learn about the Youth programs offered through our church, as well as the District level, from our Youth Director, REBECCA HENSLEY. Please join us!



After many years of enjoyment (and hard work!) preparing jewelry for the UMW Rummage Sale, I feel it is time for me to step down. I would like to ask for a volunteer to take over this role. I am willing to train the new person in how to clean and prepare vintage jewelry to make it look good as new. By taking on this role, you will help to contribute to one of the most lucrative departments at the Rummage Sale which donates all profit to Missions. For more information, please contact ► THELMA MILLER at 858.756.1007.



Come on by and **REVIVE!**
@ FIVE
on Sunday
January 3rd
in the
SDUMC
Sanctuary

We prepared ourselves for the Christmas season with a Spirit-filled Revive service on December 6th. We sang together and opened our hearts to God’s everlasting presence in worship. “What Child Is This” was sung during candle lighting and we heard the message of John the Baptist in scripture. Rev. Mark’s sermon invited us to prepare the way for God to dwell in us. The band responded with a bluesy rendition of “People Get Ready”. We celebrated Holy Communion and continued to worship in song. As always, a time of fellowship followed in Founders Hall with a warm soup supper. Please join us for a special Revive on Sunday, January 3rd as we celebrate the baptism of Jesus Christ and remember our baptismal covenant.

umw calendar

January 6th: Executive Board—9:30 AM | CONFERENCE ROOM
January 13th: Monthly Gathering—10:30 AM | FOUNDERS HALL
January 16th: Local Officer Training—9:00 AM | TRINITY UMC

upcoming events

February 20th: Mid-Winter Event—WILSHIRE UMC
March 13th: Mission Study: “Food & Faith”—VISTA UMC
April 30th to May 2nd: Cal-Pac Conference Assembly—ST. LOUIS, MISSOURI



*Membership is open to all women of the church who desire to belong.
For information contact Mary Walman, UMW President, at 760.931.7980*

San Dieguito United Methodist Church
170 Calle Magdalena
Encinitas, California 92024

phone | 760.753.6582 fax | 760.753.8936
email | admin@encinitaschurch.com

Mark Feldmeir & Martha Wingfield | MINISTERS

CHANGE SERVICE REQUESTED

Non-Profit Organization
U.S. Postage
PAID
Encinitas, CA 92024
Permit 52

JANUARY 2010
La Paloma
San Dieguito United Methodist Church
NEWSLETTER



TO THE

La Paloma

Conceived and designed while the results of Election Night (and early morning) 2000 were ever so slowly unfolding, the January 2010 issue marks the 10th birthday of the SDUMC La Paloma

Volume X—Issue I

Heartfelt Thanks

Many thanks for the flowers and caring calls from different members of the church. I hope my falls, and injuries from these falls, have come to an end. I hope to become wiser as I become older.

*Thank you again,
Joyce Harvey*

I had a wonderful time at the celebration of my twenty year anniversary. All of the applause and congratulations from each member made for a memorable day for my family and me. I would like to thank the congregation, the church staff, the preschool staff and the pastors for the wonderful celebrations and gifts.

Nery Cardenas

Heartfelt Thanks